

What is Constructive Lifestyle Change at Novel Coronavirus Outbreak COVID-19 Strategic Inflection Point?

How Can We Win Against Invisible Virus COVID-19 by Boosting Immune System?

What Is Our Mother Earth 360 Degree Win-Win Strategy Against Coronavirus?

Is Destructive Novel Coronavirus World Wake Up Call for Humanity?

Why Novel Coronavirus Mortality is Much Higher Among Men?

Are we at the very tip of the iceberg?

What is Your Constructive Lifestyle Change Plan Based On 2019 ShortSearch 14 Layers Ethical AI Layers Training and Coaching Tools?



Peaceful Coexistence Strategy with Mother Earth Species Boundaries Viruses at Strategic Inflection Point by Boosting Our Immune System and Replacing CDC Short Term Social Distancing by Virus Sources Distancing, Respect Animal Rights by Changing our Lifestyle to Healthy Vegan Whole Food Plant-Based

ShortSearch.com

Cyrus Marvasti Working Draft Document Version 4/11/2020

My Physicians Thought Leaders in Past 5 Years

Greek Hippocrates (460 BC- 370 BC)
The Father of Western Medicine

Persian Physician Razi (854 CE – 925 CE),

Persian Ibn Sina/Avicenna (980-1037)

French Microbiologist Louis Pasteur (1822 – 1895)

Austrian Physician Sigmund Freud (1856 –1939)

First British & American Dr. Elizabeth Blackwell (1836 –1939)

Pythagoreans (570 – 495 BC)
Pythagoreans celebrate sunrise, painting by Fyodor Bronnikov (1827–1902)

After many years of exploring and research I have come to the same conclusion of the great Greek Mathematician & Philosopher Pythagoras "For as long as men massacre animals, they will kill each other. Indeed, he who sows the seed of murder and pain cannot reap joy and love."

Most of these brilliant American Physicians were advocating Whole-Food Plant-Based and they have been my guiding lights in past 10 years towards my Healthy Veganism Lifestyle Change

Philanthropist Cyrus Marvasti
August 13th, 2017

Michael Greger, M.D.

Dr. Neal Barnard

Dr. Ellsworth Wareham
Cardiothoracic Surgeon is born October 3, 1914 and a California Centenarian & Vegan for 50 years & My Role Model

Prof. T. Colin Campbell
Professor Emeritus of Nutritional Biochemistry at Cornell University

Dr. Dean Ornish (July 16, 1953)
Clinical Professor of Medicine at the University of California, San Francisco

Dr. Caldwell Esselstyn
(Cleveland Clinic Wellness Institute)

Dr. Joel Fuhrman

Prof. Peter Piot M.D. PhD in Microbiology is My Thought Leader Regarding Viruses



10% of the human genome is derived from virus DNA. The Earth truly is a "virus planet!"

Prof. Peter Piot M.D. PhD in Microbiology

Nature's Best REMEDIES

THE WORLD OF HEALTH AND HEALING ALL AROUND YOU

Superfoods:

- Açai
- Aloe Vera
- Baobab Fruit
- Barberry
- Burdock
- Dandelion
- Cacao
- Chia Seed
- Cinnamon
- Coconut
- Flaxseed
- Ginger
- Ginseng
- Goji Berry
- Green Tea
- Hemp Seeds
- Mulberry
- Passion Fruit
- Pomegranate
- Red clover
- Rhubarb
- Slippery Elm
- Tamrind
- Tomato
- Turmeric
- Watercress

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*Plant Based ShortSearch Superfoods
 For Health, Healing, Happiness,
 Longevity and Weight Loss
 Cyrus Marvasti 2015*

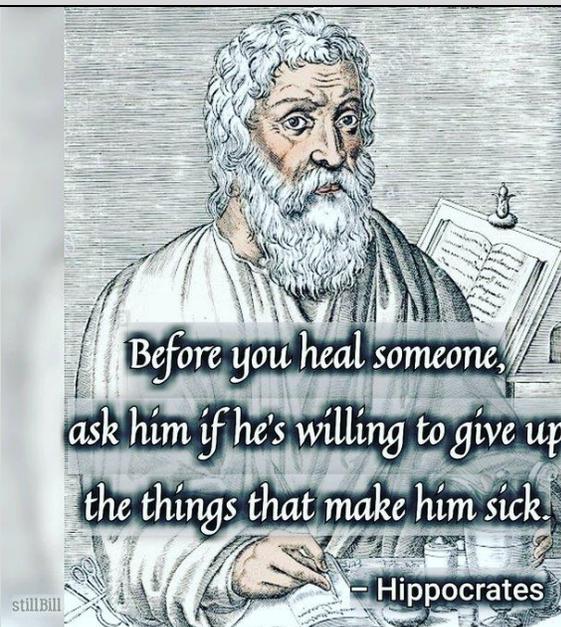
ShortSearch Superfoods

Superfoods are the most vibrant and nutritionally dense foods on the planet, which have been found to contain profound healing and dietary effects. They have often been used for thousands of years by indigenous people to heal the mind and body, and can be thought of as nature's medicine.

Both ancient and modern health practices include the use of medicinal plants and herbs to treat a variety of ailments.

My Notes Regarding Constructive Lifestyle Change at Novel Coronavirus COVID-19 Strategic Inflection Point

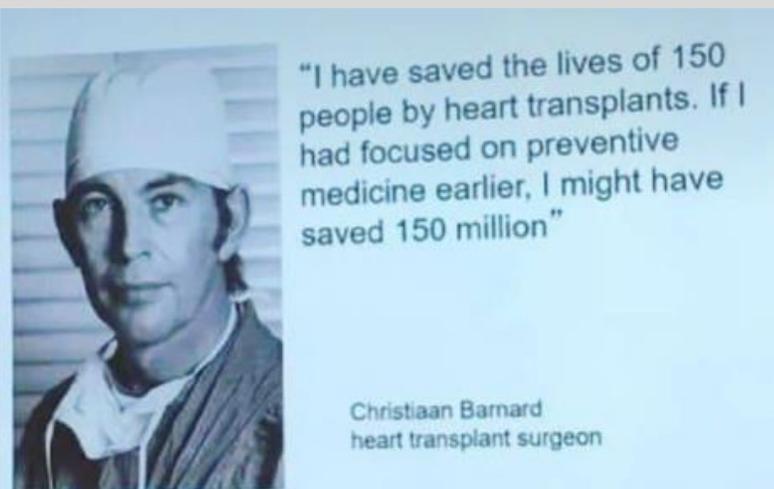
In this working draft Notes as a Technologist, Constructive Change Architect based on my 14 Layers Ethical AI & Lifestyle Change with No Harm to Mother Earth environment and species, I am sharing over 25 video clips, articles regarding Novel Coronavirus COVID-19 Perspectives from top brilliant Subject Experts, Professors and Physicians to provide 360 degree insights for your review and possible Lifestyle Change Decisions. In the table below stated list of names who have educated me. As you know The COVID-19 outbreak has dramatically changed everyone life negatively, over 2500 years ago Immortal Hippocrates asked following question “**Before you heal someone, ask him if he's willing to give up the things that make him sick?**” This Hippocrates question should be asked from 7.8 billion people of the world; are you ready to change your unsustainable lifestyle or you would accept your surrender to Novel Coronavirus COVID-19 as a Tip of Iceberg or other future destructive viruses or?



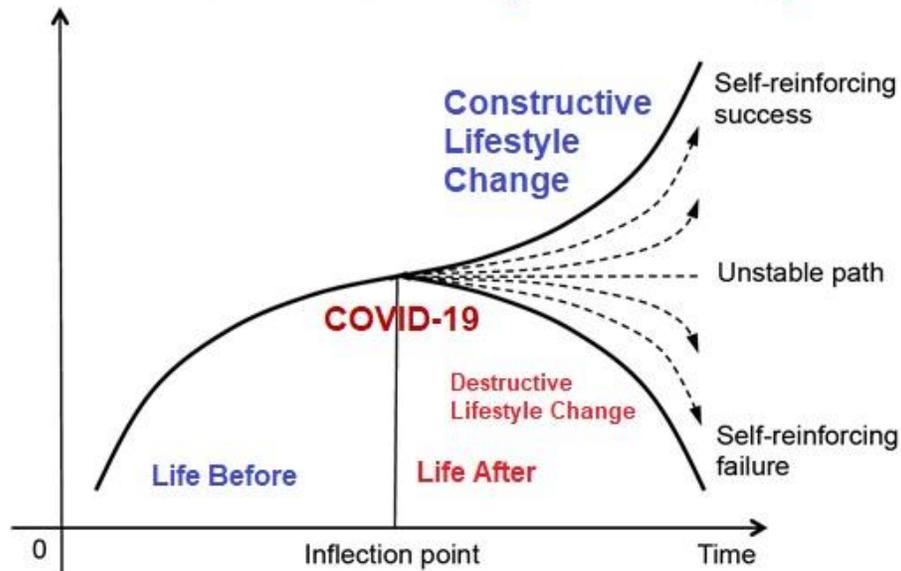
With deep appreciation and gratitude for great contributions of brilliant minds and subject experts who have educated me and others regarding Novel Coronavirus COVID-19, I am naming few here that their video clips and their articles are included in this document. Virologists **Prof. Peter Piot M.D. Phd,**

Prof. Harvey Fineberg, M.D., Ph.D. Harvard, Prof. Pardis Sabeti M.D. Ph.D. Harvard, Dr. Deborah Birx M.D., Dr. Anthony S. Fauci, M.D., NIAID Director Prof. James Robb M.D. UCSD,

Prof. Ari Babaknia M.D. Tehran and John Hopkins University, Dr. Neal Barnard, M.D., Dr. Michael Greger M.D., Dr. Mehmet Oz M.D., Prof. T. Colin Campbell, PhD, Prof. Lester Packer, Dr. Joe Chang M.D. Chief Scientific Officer of Pharmanex, Dr. Stephen Moore M.D., Dr. David Jockers, Dr. Ross Carter M.D.



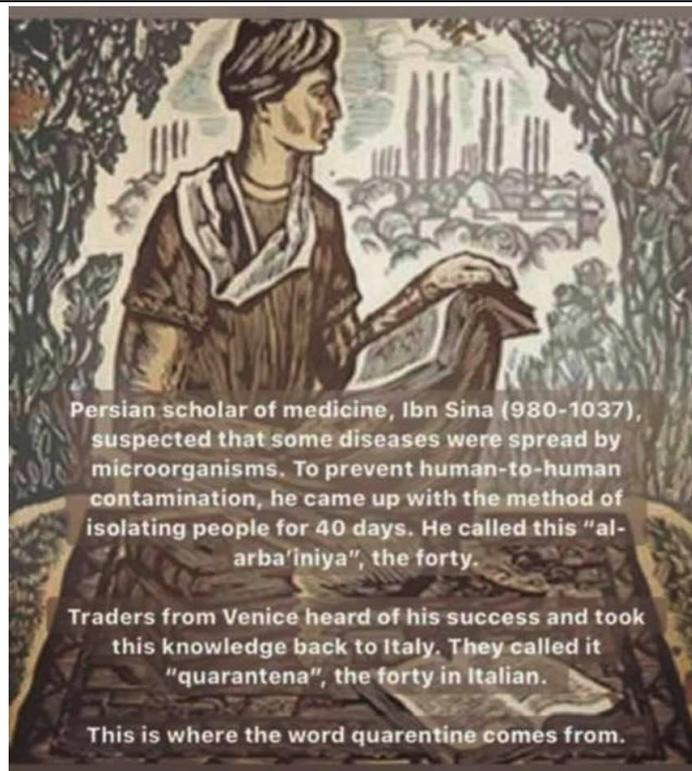
Novel Coronavirus Outbreak COVID-19 Strategic Inflection Point by ShortSearch.com



“Most of these emerging infections are **zoonotic**, meaning they crossed from animals to humans.” Prof. Harvey V. Fineberg M.D., Ph.D. Harvard

How should we avoid Zoonotic?

ShortSearch Constructive Lifestyle Change /Transformation Model in 2014-2019 and Immune Boosting, is our solution to avoid or reduce **Zoonotic**.



What's Your Antioxidant, Anti-Aging, Anti-Cancer Screening Number?
Our Secret Technology Weapon is Innovative Patented Pharamnex bioPhotonic Scanner For Measuring & Increasing the Amount of Antioxidants (Fruits + Vegetables + 6 Sigma Supplements from nature.mynuskin.com)

Prevention through Nutrition: "The amount of antioxidants that you maintain in your body is directly proportional to how long you will live." Dr. Richard Cutler MD Director of Anti-Aging research at the National Institute of Health (NIH)

How/Why/What/When Should You Change Your Lifestyle For Self-Care?

CELLULAR ANTI-OXIDANT PROTECTION

PHARMANEX BIOPHOTONIC SCANNER PROGRAM

Self-Care == Prevent Cancer OR Heart Disease OR Inflammation...

If you answer "YES" to any of the following health and quality of life questions:

Do You Want?

- 1- Improve Immune Function?
- 2- Decrease risk of cancer? In USA Cancer at midlife will affect 1 in 2 men and 1 in 3 women
- 3- Slow the aging process?
- 4- Live Longer, Healthier and Happier?
- 5- Decrease risk of heart disease?
- 6- Decrease risk of Alzheimer's?
- 7- Improve your skin, hair, and nail health?
- 8- Feel and Sleep better?
- 9- Have younger, and healthier-looking skin?
- 10- Lose Weight Slow down Biological aging?
- 11- Change your lifestyle at Strategic Inflection Point for Real Constructive Change in your life if it could really improve your health?

Do you like?

- 12- Improve, stabilize, or even reverse a chronic condition?
- 13- To take no medications or fewer?
- 14- Decrease risk of diabetic complications?
- 15- Decrease inflammation?
- 16- Improve nerve function and circulation?
- 17- Maintain good eye health?
- 18- Decrease risk of macular degeneration?
- 19- Decrease risk of cataracts?
- 20- Decrease risk of glaucoma?
- 21- Prevent Colds and Flu by increasing Antioxidants level?

Then please call 858-610-6666 for consulting and appointment to measure Antioxidants level by Pharamnex SS BioPhotonic Scanner and find out based on your lifestyle and goals what is the best solution for you.

Web: nature.mynuskin.com
 facebook.com/SuperfoodShortsearch

A Whole-Food, Plant-Based Diet

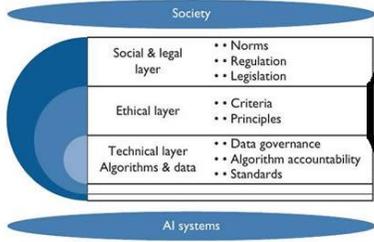
Yale University Research and the Dr. RD Discovered The Importance Of Antioxidant NEUTRALIZE FREE RADICALS Before They Cause Damage

Go Green Super Fruit Blend

"The Secret of Change Is to Focus All of Your Energy, Not on Fighting the Old, But on Building the New" Socrates (470 – 399 BC) Renowned as one of the most exceptional intellectual philosophers to have ever walked Mother Earth

In Memory of Greek Socrates who was killed by Greek Mobs, I have introduced the ShortSearch Constructive Lifestyle Change /Transformation Model in 2014- 2019 based on ShortSearch positive 7 layers of Human Evolution and negative 7 layers (0 to -6) of Subhuman Devolution for AI Ethical Layer as part of Education System and Coaching in the Harvard AI layered architecture model.

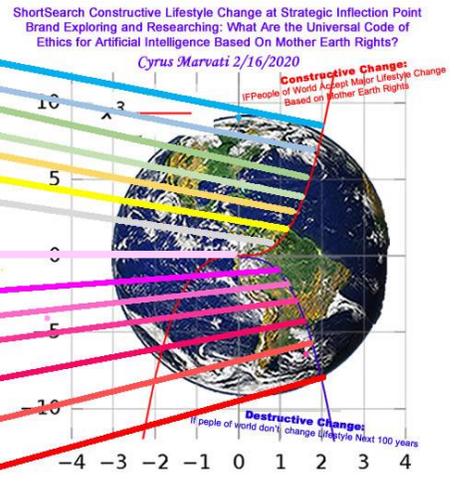
*ShortSearch Top Priority Exploring and Researching:
What Are the Universal Code of Ethics for Artificial
Intelligence Based On Mother Earth Rights?
Cyrus Marvati 1/30/2020*



**A Layered Model for AI Governance
by The Harvard Community Scholars**

What is our Ethical AI Framework? 7 Layers Human Evolution and 7 Subhuman Layers Devolution Model for Constructive Change at Strategic Inflection Point?

Constructive Human Layer 7 Evolution and Beyond? Immortal Superhuman
Constructive Human Layer 6 Evolution? Respect for Mother Earth Rights
Constructive Human Layer 5 Evolution? Respect Animal Rights & Actions
Constructive Human Layer 4 Evolution? Respect Human Rights & Actions
Constructive Human Layer 3 Evolution? All branches of science and art subject experts
Constructive Human Layer 2 Evolution? Constructive Secular & Agnostic
Constructive Human Layer 1 Evolution? Constructive Religions.
Destructive Subhuman Layer (0) Devolution? Human Activities Deforestation, Environment Damage, Water, Air and Soil Pollution, Climate Change, Nuclear Waste, Herbicides and Pesticides with Irreversible damage attributes .. Greed, and Evil Devolution
Destructive Subhuman Layer (-1) Devolution? Prolicide, Mass Killing of Species or Slaughter of Animals pushing them towards extinction... Greed, and Evil Devolution
Destructive Subhuman Layer (-2) Devolution? Factory Farms: Hell on Earth
Destructive Subhuman Layer (-3) Devolution? Cruelty to Animals and Torture
Destructive Subhuman Layer (-4) Devolution? Violent Backward Cultural and Religious Believe System Against Women and other Genders Evil Devolution?
Destructive Subhuman Layer (-5) Devolution Characteristics and Behaviors? Genocide Virus Evil Devolution Before UN Universal Declaration of Human Rights (10 December 1948) World War I, World War II & Past 2500 Years?
Destructive Subhuman Layer (-6) Devolution Characteristics and Behaviors?



ShortSearch Ethical AI Framework 14 Layers Model as Constructive Change Tool

“You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.” — R. Buckminster Fuller

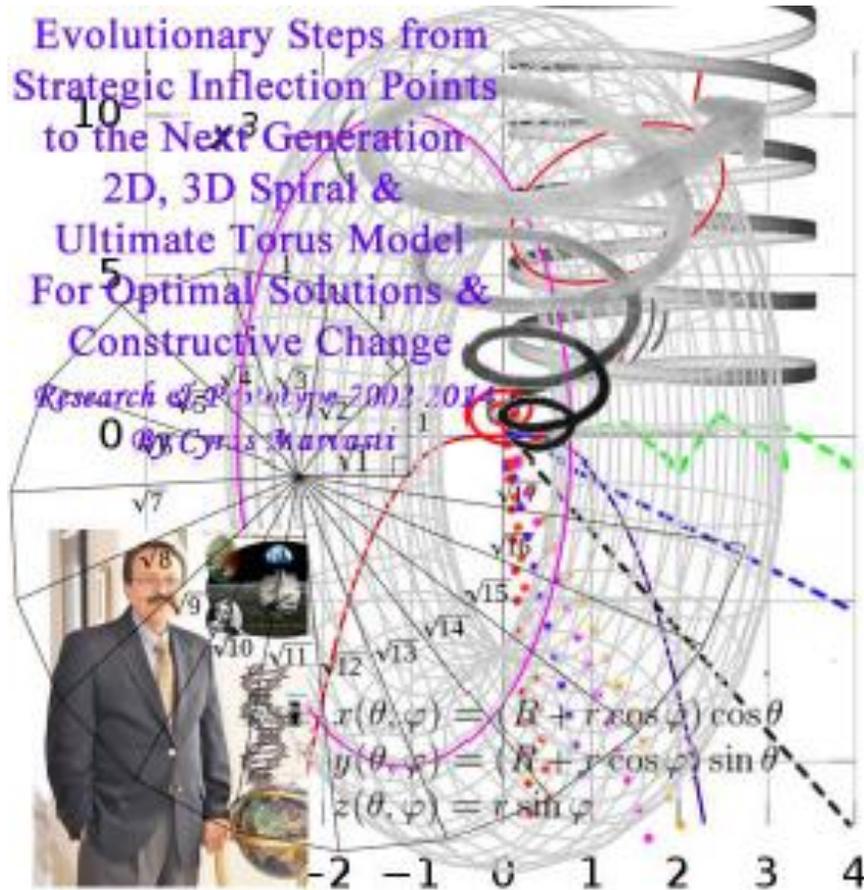
ShortSearch <http://shortsearch.com/> Brand Advocated Constructive Healthy Plant Based Lifestyle change with no Harm to Mother Earth species in past 6 years...

We think the Novel Coronavirus, Climate Change, Global Health, Inequality, Gender Inequality, 200 Million Cases of FGM, Disrupting Ecosystems, Destroying Forests ... are all symptoms of bigger problems and cannot be solved unless the great majority of 7.8 Billion People of The World are educated and coached to accept and respect Mother Earth Rights by Ethical AI 6th layer of 7 layers Human Evolution Model. Today less than 5% of people in the world are in 6th layer, hope we can increase it in next 10 years and probably will be accelerated due to Novel Coronavirus awareness.

“Selling and eating wild animals, disrupting ecosystems, and destroying forests all contribute to the risks of novel deadly microbes spreading into human populations. Just as worrisome is the impact that raising hundreds or thousands of domesticated animals in densely packed quarters has on the worsening problem of drug-resistant microbes. While the new coronavirus in China has killed more than 10,000 people, about 35,000 people in the United States die each year after developing drug-resistant infections.

Antimicrobial resistance is a growing problem in China, as well. The country’s appetite for meat has increased as it becomes more affluent, as is the case in other developing countries. Meat provides essential micronutrients and is an important part of many cuisines. People in the United States and other rich countries consume much more meat per capita than individuals living in the developing world. Indeed, the affluent are in no moral position to make demands about what others can or cannot eat.” [7]

As Technologists what are key differences between Bill Gates Solution Versus My Solution regarding Coronavirus COVID-19?



I appauld brilliant Mind Bill Gates for “The next outbreak? We’re not ready” [TED video clip in row 21 of Table below] predicted and also Harvard Smartest Woman in the world Dr. Pardis Sabati also predicted “How we’ll fight the next deadly virus?” [TED video clip in row 16] . I am not surprised these Warnings and predictions in 2014 and 2015 ignored by almost all free world governments.

Despite the fact that I appauld brilliant Mind Bill Gates for his technologist thought process, great contributions and predictions our startegy and solutions very different regarding Alzheimer's Disease, COVID-19, and Vaccines based what I have learned from his articles and allocating resources and fundings. Bill Gates solutions are symptom based and short term solution focucing from Top Down (i.e Government) with 10 folds ROI but I am focusing at grass roots of problems and rely from bottom up (People Education) and long term solutions with 1000 folds ROI which is more difficult and challenging to implement. Next few posters clarify my points further.

@ActivistChat + @ShortSearch Philanthropists Supports Constructive Change Leaders Of Global Alliance for Rights of Nature UNIVERSAL DECLARATION OF RIGHTS OF MOTHER EARTH

Prof. Stephen Hawking "Pollution, Greed and Stupidity are the Greatest Threats to Earth."
"Intelligence is the Ability to Adapt to Change"

Article 1. Mother Earth Rights

(1) Mother Earth is a living being.

Article 2. Inherent Rights of Mother Earth

(e) the right to water as a source of life;
(f) the right to clean air;
(g) the right to integral health;
(h) the right to be free from contamination, pollution and toxic or radioactive waste;

Article 1. (6) Just as human beings have human rights, all other beings also have rights which are specific to their species or kind and appropriate for their role and function within the communities within which they exist.

Article 3. Obligations of human beings to Mother Earth

(1) Every human being is responsible for respecting

Mitra Ahmadi Sun Position

10 x3
1000 Years of

Constructive Change:
8 Billion People Agree With Major Lifestyle Change
To Preserve, Protect and Enhance Mother Earth Rights

In Next 100 years If 8 Billion People follow the same path of past 100 years
In Next 100 years If 8 Billion People follow the same path of past 100 years

Dr. Jordan Moore brilliant Mind of Mother Earth and Innovation Moore's Law of Mental Innovation August 3, 1929

Dr. Verda Sabeti is Iranian American and Smartest Woman Alive
In addition to being named one of TIME Magazine's Persons of the Year in 2014 (Solo Fighters), Sabeti was listed as one of TIME magazine's 100 most influential people in 2015.
Dr. Verda Sabeti is a professor at the Center for Systems Biology and Department of Organismic and Evolutionary Biology at Harvard University and the Department of Immunology and Infectious Disease at the Harvard School of Public Health. She is an Institute Member of the Broad Institute of Harvard and MIT, and a Howard Hughes Investigator.

Next Generation of Genius Constructive Change Leaders will be Dominated by More Lionesses than Lions because Dominated Unethical Men Leadership in Past 100 Years Created All Existential Threats To Mother Earth

Cyrus Marvasti is
Naturalist,
Philanthropists,
Technologists,
Strategists,
Software Architect
& Engineer is
Becoming a Mother
Earth Servant ...
Planting Trees as
Hobby and
Student of the
Brilliant Minds ...



What is Earth Care Constructive Transformation at Strategic Inflection Point in Next 100 Years?
Preserve, Protect and Enhance Mother Earth Environment (Air, Water, Soil)
CrowdSourcing Earth Rights Innovation Labs Discoveries by BDDLM
Real Healthy Plant-Based Lifestyle Change, Self Care and Mother Earth Care

@DDDEM 2011 Video Response to Stephen Hawking @ShortSearch @NowruzEarthDay @DolphinRights @SuperfoodShortsearch 2018 - 2019 [<https://youtu.be/HTTjKo-Agjk>]

Are We Accepting Rights of Mother Earth & Respecting to Live in Harmony with Mother Earth 8 million Species and Become Immortal by 10 fold Return of Clean Air, Water and Soil?

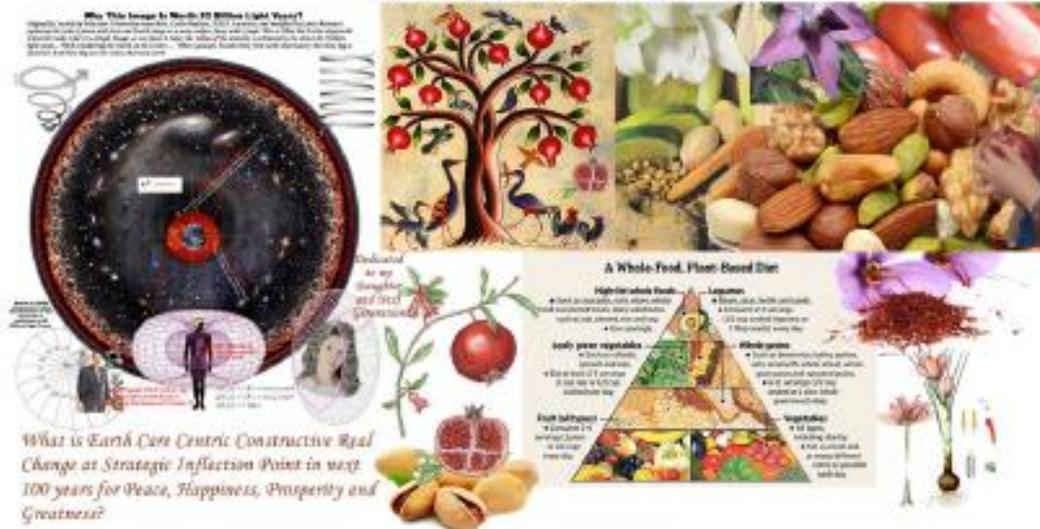
What is Constructive Lifestyle & Cultural Change at Strategic Inflection Point to Reverse Earth Ecosystem Destruction by Humans Omnivore in Next 100 Years?
If #SaveEarth = #RealChange + #EarthCare + ... & If #Thrive is #RealChange = #ShortTermSolution + #LongTermSolution + ... Then
#ShortTermSolution = #SelfCare + #Truth + #Honesty + #Integrity + #GoodThoughts + #GoodWords + #GoodDeeds + ... & If
#LongTermSolution = #ChangeCulture + #LifestyleChange + #Freedom + #WomenRights + #AnimalRights ... #EarthCare = #CleanAir + #CleanWater + #CleanSoil
Sharing 2010-2019 Evolutionary Thought Process: BDDLM 2011 Response to Stephen Hawking @ShortSearch @DolphinRights @NowruzEarthDay @SearchAllEnergy @SuperfoodShortsearch

What is Earth Care 2018 New Year's Resolutions & Self-Care Lifestyle Change?

Being a Better Person for Mother Earth Environment and Self-Care by Real Lifestyle Change To 100% Healthy Plant-Based Nutrition + Plant Trees + Be the voice of climate action at the critical moment of history and support leaders with good deeds + Real Wealth is Real Health and paying attention to Self-Care + Improve Sleep + Attention to breathing by Yoga Breathing Exercises + Organic Foods & Clean Energy As Much As You Can Afford + Continuous Self Education & Share New Scientific Discovery findings with friends and family + Attention to Ingredients & Materials are used for products that we consume + Always Ask and Verify, is this product that I am using impacting directly or indirectly, negatively or Positively the Mother Earth + Don't wait and rely on Governments or great leaders for optimal solutions + Be patient and wise, currently less than 5% of world population follow our healthy lifestyle, we have a long journey ahead of us and it's hard to change minds in a short time. If and when over 51% of total world population are educated and Change their Lifestyle then we will notice major environmental and life improvements.

United We Stand with Climate Change Leadership and Fact Based Scientists & We Believe As long As Sun Lives Light Will Win Over Darkness

Cyrus Marvasti 1st Jan, 2018



If you answer "YES" to any of the following questions, then the Healthy Organic Whole-Food, Plant-Based is the best option for you, your family and friends:

- 1- Do you want life to survive on Earth in Next 100 Years?
- 2- Do you want to save Mother Earth Environment (Air, Water, Soil & Forests)?
- 3- Do you despise cruelty?
- 4- Do you LOVE Animals and Respect Animal Rights?
- 5- Do you want to be a better person for Mother Earth, yourself, family and friends?
- 6- Do you want to live Longer, Healthier and Happier?
- 7- Do you want to lose weight permanently and effectively?
- 8- Do you want to feel better?
- 9- Do you want to have younger, and healthier-looking skin?
- 10- Do you want slow down aging process naturally?
- 11- Are you addicted to Sugar, Cheese or Junk Foods or Soda Or Fruit Juice?
- 12- Do you want to improve, stabilize, or even reverse a chronic condition such as heart disease, high cholesterol, diabetes, or high blood pressure?
- 13- Do you like to take no medications or fewer?
- 14- Are you open to changing your diet and lifestyle at Strategic Inflection Point for Real Change in your life if it could really improve your health?
- 15- Do you want to be part of solutions?
- 16- Do you want to make the world a better place, then take a look at yourself in the mirror, and make a change now?

Enhance Earth-Care, Longevity, Happiness, and Self-Care by Real Lifestyle Change To 100% Whole-Food Plant-Based NOW this is also considered as Healthy Veganism.

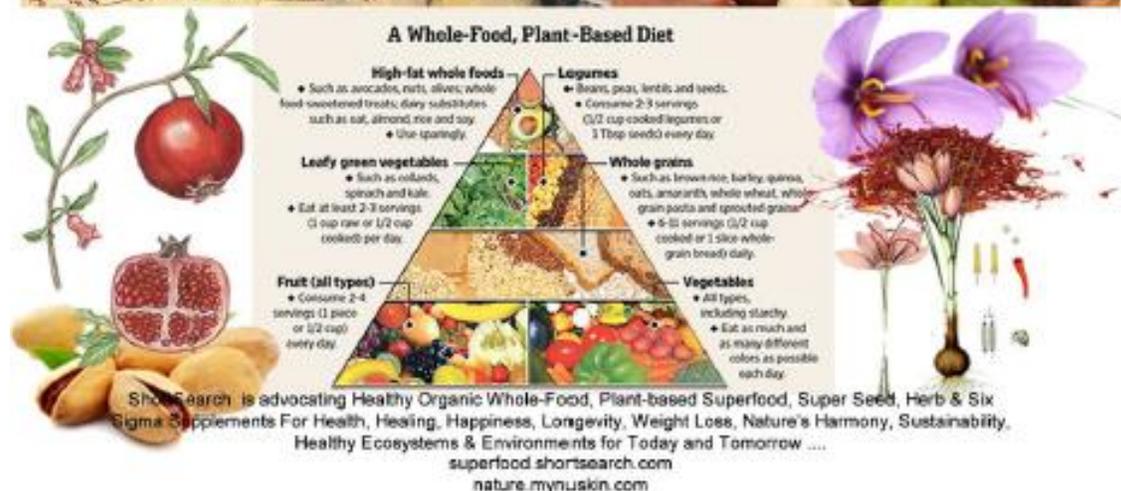
Cyrus Marvasti "Greatness Achieved by Hard Work, Difficult Choices, Actions ..."

Please Visit Us at [facebook.com/SuperfoodShortsearch](https://www.facebook.com/SuperfoodShortsearch)

[superfood.shortsearch.com](https://www.superfood.shortsearch.com)
www.earthcareshop.com

ShortSearch & EarthCareShop are advocating Healthy Organic Whole-Food, Plant-based Superfood, Super Seed & Herb For Health, Healing, Happiness, Longevity, Weight Loss, Nature's Harmony, Sustainability, Healthy Ecosystems & Environments for Today and Tomorrow ...

Peaceful Coexistence Strategy with Mother Earth Species Boundaries Viruses at Strategic Inflection Point:



Since 95% of 7.8 billion people were not respecting species boundaries in past 100 years, today we are facing the Coronavirus COVID-19 outbreak and may be just the beginning of mass pandemics for at least 18 months with high rates of deaths. If we agree with Prof. Peter Piot that the **Mother Earth is Truly Virus Planet** and 99% of Viruses are harmless, 10% of the human genome is derived from virus DNA, and viruses in the world weigh more than all the living matter in the world then based on my hypothesis we can assume Web of Viruses are invisible defense system for Mother Earth species boundaries in past 4 billion years and each Virus Type might have good use cases that we have not discovered yet. The war against invisible Viruses are not an option because cannot be won and might become existential threat to mankind and other species specially when 10% of the human genome is derived from virus DNA.

What is our best option when there is no Covid-19 Vaccine for next 18 months?

In 2008, team of researchers identified 335 diseases that emerged between 1960 and 2004, at least 60% of which came from animals. My hypothesis is that the Viruses are species boundaries between Animals and Human not to invade each other boundaries and that is why great majority of human cannot eat raw meat without becoming sick or die after few weeks or months.

Vaccines effectively eliminated polio and smallpox, but not the flu unfortunately, it is difficult to produce an effective flu vaccine, because there are several strains of flu viruses that mutate every

year. This is one of the reasons why there is an annual flu epidemic. If Covid-19 mutates then Vaccine might not solve the problem.

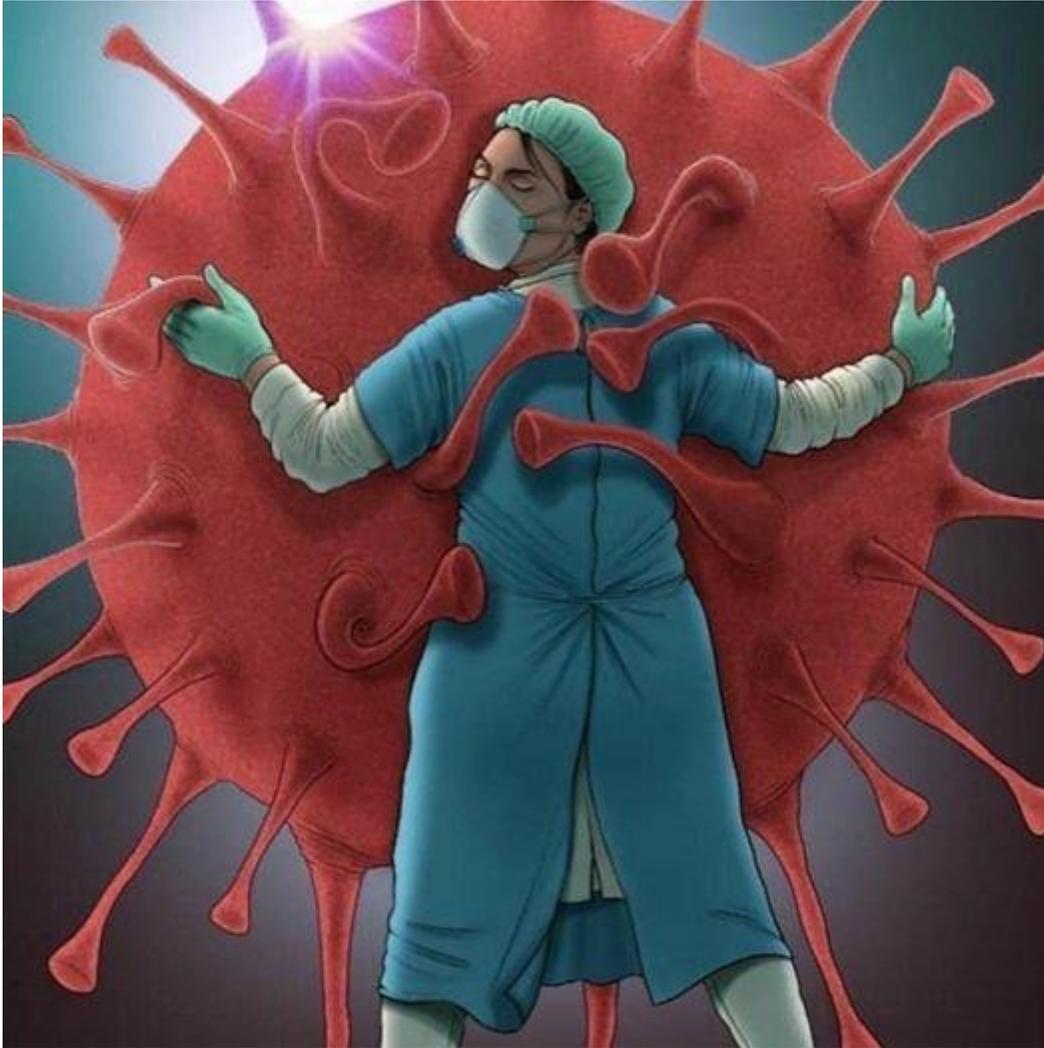
Changing our Lifestyle to healthy Vegan Whole Food Plant-Based Diet might be the only choice because approximately 75% of emerging infectious diseases in humans — including COVID-19, SARS, MERS, Ebola, HIV, Zika, H1N1, Cholera and almost all recent epidemics — came from both wild and domestic Animals that Human Omnivore use as Foods therefore the best strategy for mankind to avoid few hundred Viruses by not eating meat, eggs and dairy products that are known to do more harm than good for great majority of humans. Peaceful Coexistence strategy with Mother Earth Viruses by not killing 99.99% of Viruses which 99% of it does not do any harm and we can protect ourselves against few hundred viruses that could harm us by boosting our immune system might be the best long term option. ” Cyrus Marvasti



Celebrating Life of Immortal Brave Nurses and Physicians who were infected and Passed Away while fighting the Unwanted War with Invisible Novel Coronavirus Covid-19

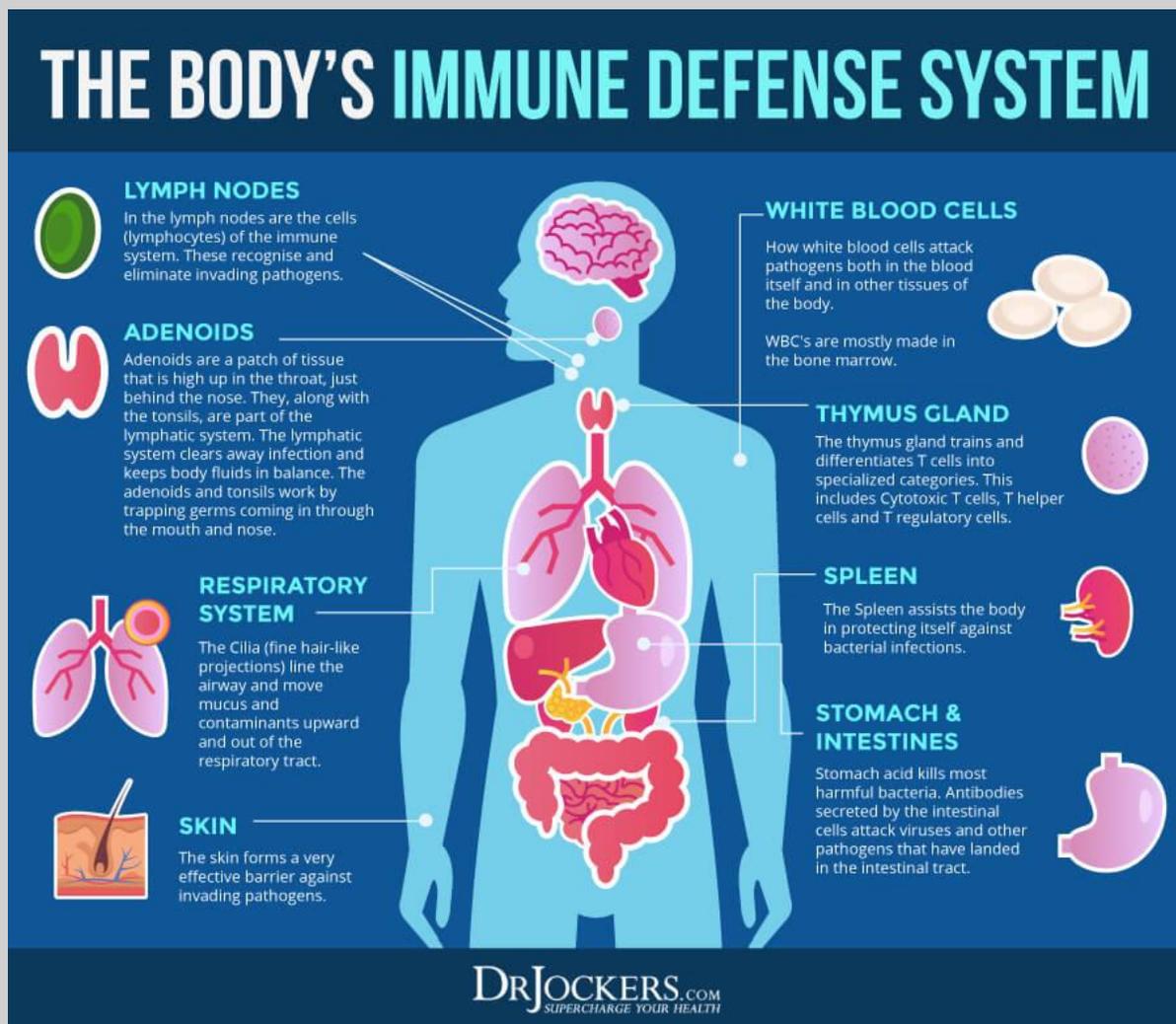
Let Us Educate Ourselves How to Serve Mother Earth Rights and Evolve to Shortsearch Human Layer 6 by Boosting Our Immune System & Antioxidants by Foods and Supplements Prevent or Reduce Destruction by Coronavirus Covid-19

Version 4/11/2020



“We Are the World” Music Video By 40 Musicians Matches Today War With Novel Coronavirus ---- United We Stand with Brave Immortal Nurses, Physicians and Health Care Workers of World Fighting Global War Against Coronavirus, Serving Mother Earth and Humanity

Top 12 Immune Support Strategies to Prevent Illness Facing the COVID-19 Pandemic



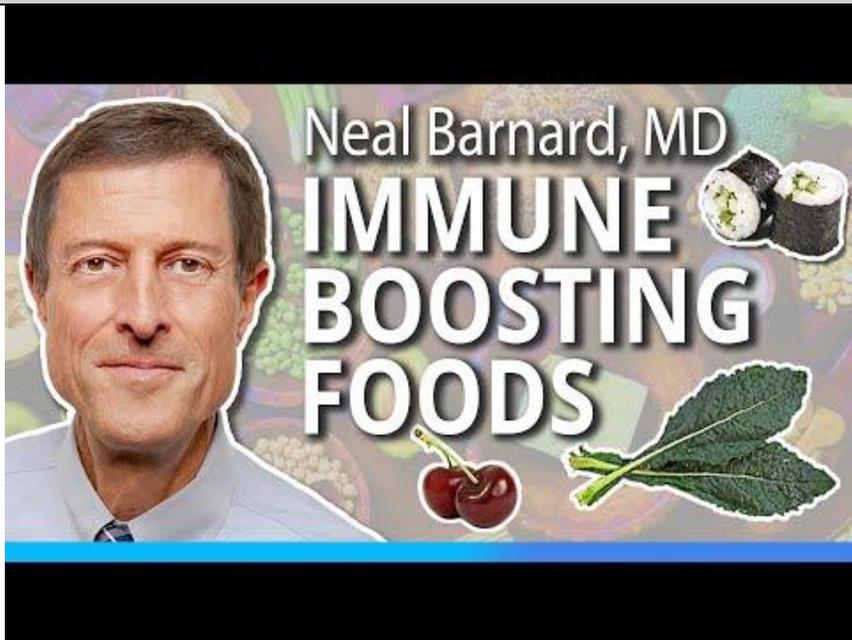
Your immune system is a complex system that protects you from viruses, bacteria, parasites, and other pathogens. It is a complex system that's essential for your health and survival. Optimal immune support is important for your health at all times. **However, currently, as we are facing the COVID-19 pandemic, dealing with flu season, and experiencing a stressful time in our world, immune support strategies have become even more critical to support your body and to prevent illness.**

In this article, you will learn more about the immune system and the importance of supporting a balanced immune response. I will share my top 12 immune support strategies to prevent illness and to protect your health. Source: **For Details Click Here** Source: https://drjockers.com/top-12-immune-support-strategies-to-prevent-illness/?fbclid=IwAR0weWNZ_sHOqsqoVOAxRGo8Z6jc-8jClixJgfbmlgOnG4NsiyypmG8W4Eo

Subject Experts Novel Coronavirus and Antioxidants, Immune-boosting Foods & When & Why Supplements
If you cannot change your lifestyle to healthy plant-based foods, addicted to Meat or Cheese or your children are addicted to tasty junk foods or you must eat at fast-foods or restaurants but you wish to reduce your risk of COVID-19 by boosting your immune system then top quality expensive supplements might be a choice to consider ..

Introducing Top Quality Evidence Based Six Sigma Antioxidants Immune-boosting Supplements that Naturally Become More Expensive Also Consult with your Physician based on Your Condition

1

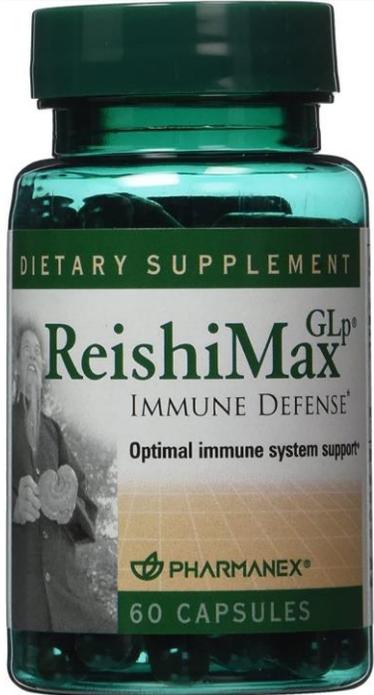


Dr. Neal Barnard, MD | Immune-Boosting Foods Coronavirus for Today and Tomorrow

Source Video: <https://youtu.be/nlTp0nHquS4>

As coronavirus (COVID-19) has impacted communities around the world, many people have wondered whether there are steps they can take to stay healthy. Everyday preventive measures—such as handwashing, avoiding contact with sick individuals, and good hygiene—can go a long way in reducing your risk for viruses, bacteria, and other pathogens.

In addition, there is evidence that nutrition and other lifestyle measures can support immune function. Dr. Neal Barnard recaps a few things we can all do to keep our immune system at its best.



To Order Click [ReishiMax GLp®](#)



If you have a very busy schedule or you don't have access to home made healthy plant-based foods and must eat at fast-food or restaurants

[To Order g3 Online Click Me](#)

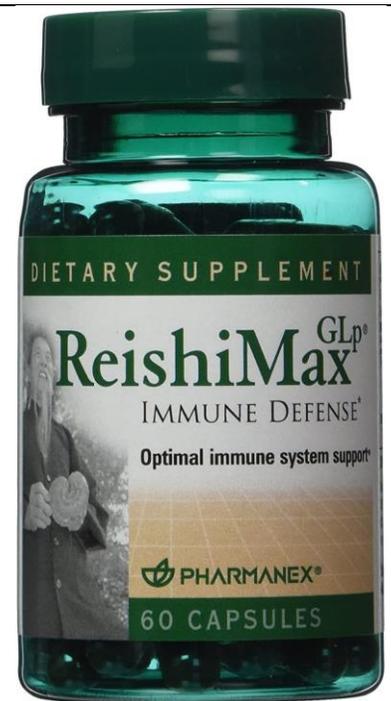
2



Please Watch and Learn Brilliant Physician Dr. Neal Barnard, MD | Where Many Viruses Originate? What is Novel Coronavirus?

Source Video: <https://youtu.be/wLvOMPRvhGM>
Physicians Committee

On this episode of The Exam Room™ podcast, “The Weight Loss Champion” Chuck Carroll is joined by Dr. Barnard to discuss viruses like coronavirus and where past viruses have originated.



To Order Click ReishiMax

GIp®

Reishi mushroom is one of the most potent immune booster that allows your body to attack viruses, bacteria, and cancer along with other health benefits. We always have a
Several people have been asking where you can get a standardized high quality Reishi. While most products are not standardized for active ingredients, there is one product that stands out above all others and is standardized with clinical studies.

3



https://youtu.be/-CI_PExEkB0

Avoiding Chicken to Avoid Bladder Infections

37,493 views
 • Jun 10, 2013
 35013SHARESAVE



[NutritionFacts.org](https://nutritionfacts.org)

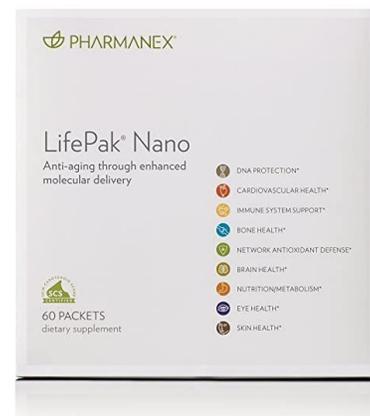
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Subscribe to NutritionFacts.org for free and receive a free copy of Dr. Greger's Evidence-Based Eating Guide: <https://nutritionfacts.org/subscribe>. DESCRIPTION: Handling chicken can lead to the colonization of one's colon with antibiotic resistant E. coli that may result in bladder infections in women. I originally explored this topic in Chicken Out of UTIs (<http://nutritionfacts.org/video/chick...>), but decided I needed to take a much deeper dive, especially in light of the cross-contamination issue, which I also previously touched on in Food Poisoning Bacteria Cross-Contamination (<http://nutritionfacts.org/video/food-...>) and Fecal Contamination of Sushi (<http://nutritionfacts.org/video/fecal...>). More on the insanity of feeding antibiotics to farm animals by the ton in: • Drug Residues in Meat (<http://nutritionfacts.org/video/drug-...>) • Meat Mythcrushers (<http://nutritionfacts.org/video/meat-...>) • Lowering Dietary Antibiotic Intake (<http://nutritionfacts.org/video/lower-...>) Other videos about diseases that one might not initially associate with food include: • Foodborne Rabies (<http://nutritionfacts.org/video/foodb...>) • Poultry and Paralysis (<http://nutritionfacts.org/video/poult...>) • Avoiding Epilepsy Through Diet (<http://nutritionfacts.org/video/avoid...>) • Hepatitis E Virus in Pork (<http://nutritionfacts.org/video/hepat...>) More on urinary tract health in: • Asparagus Pee (<http://nutritionfacts.org/video/aspar...>) • Cheese Mites and Maggots (<http://nutritionfacts.org/video/chees...>) • Raw Broccoli and Bladder Cancer Survival (<http://nutritionfacts.org/video/raw-b...>) • Some Prostates Are Larger than Others (<http://nutritionfacts.org/video/some-...>) • Prostate vs. Plants (<http://nutritionfacts.org/video/prost...>) • Prostate vs. a Plant-Based Diet (<http://nutritionfacts.org/video/prost...>) • Preventing Kidney Failure Through Diet (<http://nutritionfacts.org/video/preve...>) • Treating Kidney Failure Through Diet (<http://nutritionfacts.org/video/treat...>) What if you already have a urinary tract infection? Can Cranberry Juice Treat Bladder Infections? (<http://nutritionfacts.org/video/can-c...>) That's the next video! Have a question for Dr. Greger about this video? Leave it in the comment section at <http://nutritionfacts.org/video/http...> and he'll try to answer it!

Since over 80% of Viruses are coming from Meat, consuming less or no meat (and raising or abusing fewer animals in factory farming for food) could ease the problem and reduce our Viral Load.

[To Order Online Click Me](#)

If you cannot change your lifestyle to healthy plant-based foods and must eat at fast-food or restaurants but you wish to reduce your risk of COVID-19 by boosting your immune system then click here to order the following products:



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4



Do Re Mi - Covid 19 version

<https://youtu.be/MMBh-eo3tvE>



[To Order Click Jungamals](#)

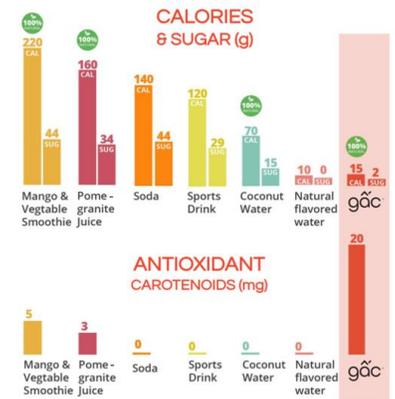
Vitamin C and Zinc are 2 important nutrients that allow the immune system to work better.

5



<https://youtu.be/FqkB7jw99rQ>

Dr. Mehmet Oz of “The Dr. Oz Show” tells TODAY that there are proactive steps you can take against the coronavirus, such as boosting your immune system with fruits and vegetables, vitamin D3 and a flu shot. He says to avoid shaking hands and touching your face and to wash your hands frequently.



[To Order g3 Online Click Me](#)

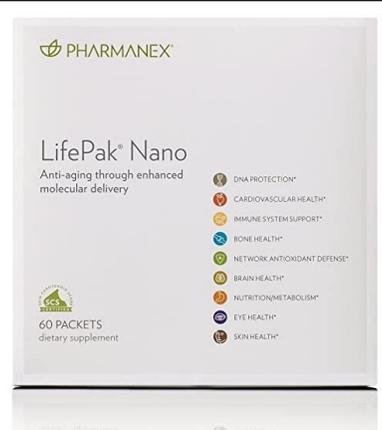
Vitamin C and Zinc are 2 important nutrients that allow the immune system to work better.

6



Why Is US Coronavirus COVID-19 Cases and Deaths Rate Higher?

It is too early to have clear fact based conclusion however based on watching above Dr. Oz Video from few years ago you may agree great majority of people in all ages don't eat balance healthy plant-based foods and their Immune system are compromised . Shortsearch Reasearch on 1000s of American matches Dr. Oz show results.



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Benefits: Nourishes and protects cells, tissues, and organs in the body with the specific purpose to guard against the ravages of aging each day of your lifespan

Superior bioavailability with CR-6 LipoNutrients™ ...

7



My Favourite Things - Covid 19 version

Shirley Serban
7.93K subscribers
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The Sound of a Pandemic! Don't worry, Maria and the Von Trappings know how to deal with it! Lyrics below.

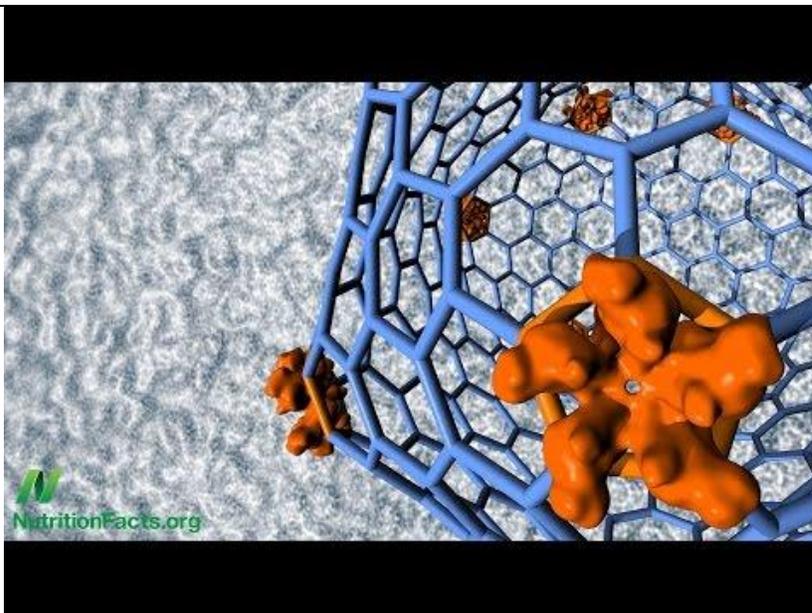
<https://youtu.be/1aAnPFeo11s>

Mighty Minds + Jungamals Kit



Unlock your child's potential with Mighty Minds™—the premier solution for their brain, learning, and memory support. It's packed with scientifically proven amounts of DHA, EPA, choline, and vitamin D3. Plus, you'll love it because its

8



The Role of Poultry Viruses in Human Cancers by Dr. Michael Greger

<https://youtu.be/e78wdyOKGKw>

Does a cancer-causing herpes virus in chickens pose a public health threat? Subscribe to NutritionFacts.org for free and receive a free copy of Dr. Greger's Evidence-Based Eating Guide:

<https://nutritionfacts.org/subscribe>. Other viruses may actually play a role in the obesity epidemic. See, for example, Infectobesity: Adenovirus 36 and Childhood Obesity (<http://nutritionfacts.org/video/infec...>). Other potential poultry microbiological hazards include: • Chicken Dioxins, Viruses, or Antibiotics? (<http://nutritionfacts.org/video/chick...>) • Avoiding Chicken to Avoid Bladder Infections (<http://nutritionfacts.org/video/avoid...>) • Past the Age of Miracles: Facing a Post-Antibiotic Age (<http://nutritionfacts.org/video/past-...>) • Superbugs in Conventional vs. Organic Chicken (<http://nutritionfacts.org/video/super...>) • Foster Farms Responds to Chicken Salmonella Outbreaks (<http://nutritionfacts.org/video/foste...>) • Poultry Exposure and Neurological Disease (<http://nutritionfacts.org/video/poult...>) • Poultry and Paralysis (<http://nutritionfacts.org/video/poult...>) Potential poultry chemical hazards include: • Phosphate Additives in Chicken (<http://nutritionfacts.org/video/phosp...>) • Illegal Drugs in Chicken Feathers (<http://nutritionfacts.org/video/illeg...>) • Chicken Consumption and the Feminization of Male Genitalia (<http://nutritionfacts.org/video/chick...>) • California Children Are Contaminated (<http://nutritionfacts.org/video/calif...>) • How Many Cancers Have Been Caused in Arsenic-Laced Chicken? (<http://nutritionfacts.org/video/how-m...>) Have a question about this video? Leave it in the comment section at

unique, kid-friendly, soft-chew format is sugar-free!

If you cannot change your lifestyle to healthy plant-based foods and you wish to reduce your risk of COVID-19 by boosting your immune system then review list of Pharmanex products with your physician:

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Wellness Foundation Recommendations:

Top priorities:

- LifePak
- MarineOmega
- ReishiMax



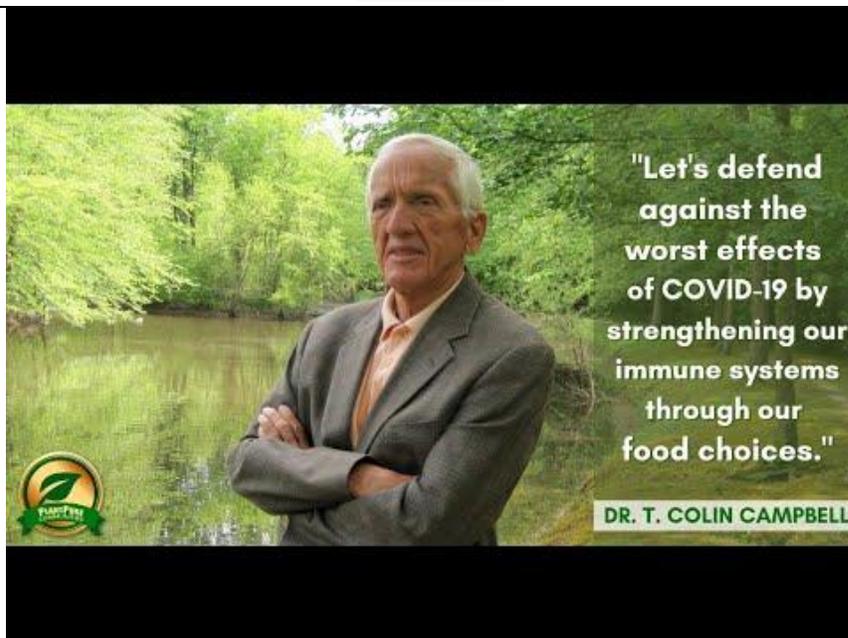
Complementary products:

- Probio
- Cortitrol
- NightTime Formula
- G3
- Jungamals



<http://nutritionfacts.org/video/the-r...> and someone on the NutritionFacts.org team will try to answer it. Want to get a list of links to all the scientific sources used in this video? Click on Sources Cited at <http://nutritionfacts.org/video/the-r...> You'll also find a transcript of the video, my blog and speaking tour schedule, and an easy way to search (by translated language even) through our videos spanning more than 2,000 health topics. If you'd rather watch these videos on YouTube, subscribe to my YouTube Channel here: <https://www.youtube.com/subscription...> Thanks for watching. I hope you'll join in the evidence-based nutrition revolution! -Michael Greger, MD FACLM

9



<https://youtu.be/LfO2CBruqu8>

Interview with T. Colin Campbell, PhD: Flatten the Curve Through a Whole Food, Plant-Based Lifestyle

•Apr 7, 2020

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Nelson Campbell interviews his father, Dr. T. Colin Campbell, who sheds light on a third way to manage this global COVID-19 pandemic - namely whole food, plant-based (WFPB) nutrition. A WFPB diet is rich in fruits, vegetables, whole grains, legumes, nuts, and seeds, while minimizing processed food and avoiding animal food products. Through decades of nutrition research, Dr. Campbell has shown that a diet rich in plant-based foods lowers risk of chronic, degenerative diseases. In this interview, Dr. Campbell explains how this holistic view of nutrition can also apply to viral infections. Read Dr. T. Colin Campbell's important article on COVID-19 and nutrition:

<https://plantpurecommunities.org/defe...> Read more about WFPB nutrition:

<https://plantpurecommunities.org/new-...>

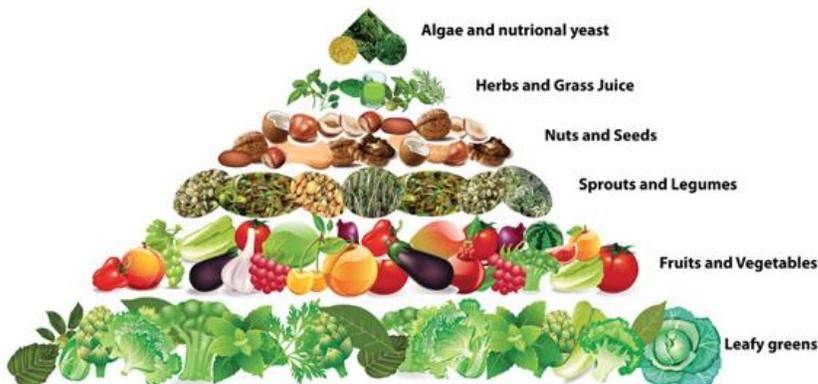
10



https://youtu.be/Bz_QEeeAvIw

Dr. Oz Talks Possible Treatments and Drugs for Coronavirus

11



<http://shortsearch.com/pharmanex/FruitsAndVegNutriantes.pdf>

Why can't we get all the nutrients I need from my food?

Dr. David Rosenberg M.D "In an ideal world that would be true. And there are some areas in the world where you can get it. But we know for the last 50 years at least that our fruit and vegetables are not equivalent to what they were 50 years ago (at least in this country) because of the effect of the soil's depletion of nutrients. So we now can measure whether what you're doing on a daily basis nutritionally is sound and whether you need a supplement."



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[Glp®](#)

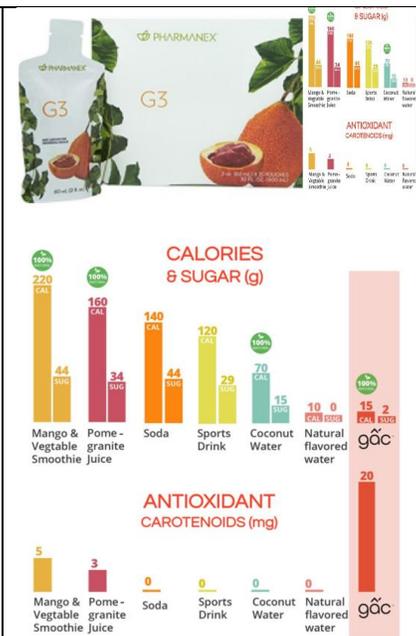
12



What is g3?

g3 is a nutrient-rich juice from the prized gac superfruit of southern Asia, whose nutritional benefits have been scientifically demonstrated to protect cells. Among

gac's potent phytonutrients are a unique and highly-bioavailable form of carotenoids called lipocarotenes that provide powerful antioxidant protection while supporting healthy immune function. [To Order Online Click Me](#)



[To Order g3 Online Click Me](#)

13



Coronavirus (COVID-19) Pandemic - How to get through these challenging times

People have been asking me about the COVID-19 (coronavirus) and what I think about it. Here are my thoughts and comments. We will get through this! Topics: -- How it spreads -- Symptoms and how infection works -- Who is susceptible? -- How to keep your immune-system strong

If you cannot change your lifestyle to healthy plant-based foods and you wish to reduce your risk of COVID-19 by boosting your immune system then review list of Pharmanex products with your physician:

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-- What is the origin and caused the viral outbreak? -- What's next?

ABOUT DR. KLAPER Dr. Michael Klaper is an experienced physician, an internationally-recognized teacher and sought-after speaker on diet and health. He resolutely believes that proper nutrition — through a whole-food, plant-based diet — and a balanced lifestyle are essential for health. <https://youtu.be/VAewU4-rWVk>

Wellness Foundation Recommendations:

- Top priorities:
- LifePak
 - MarineOmega
 - ReishiMax



Complementary products:

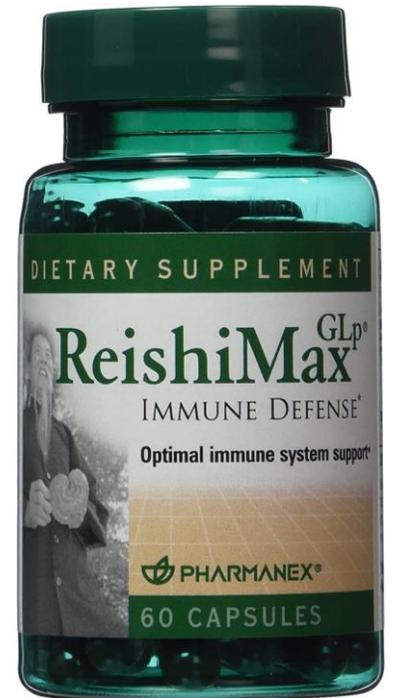
- Probio
- Cortitol
- NightTime Formula
- G3
- Jungamals



14



To Order Click [ReishiMax Glp®](#) is a standardized Reishi mushroom extract that incorporates cracked spores, a proprietary technology that releases Reishi's active ingredients, providing unique immune system activity not found in other Reishi products.

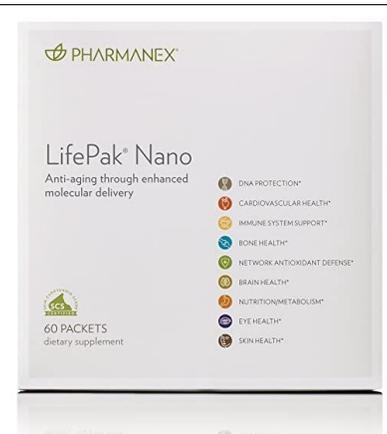


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15



Dr. Joe Chang, Chief Scientific Officer of Pharmanex, discusses the science and key benefits of LifePak. LifePak is a comprehensive dietary supplement that delivers antioxidants, vitamins, minerals, phytonutrients and metabolic cofactors to support anti-aging benefits. [To Order Online Click Me](#)



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Benefits: Nourishes and protects cells, tissues, and organs in the body with the specific purpose to guard against the ravages of aging each day of your lifespan Superior bioavailability with CR-6 LipoNutrients™ ...

16



How we'll fight the next deadly virus | Prof. Pardis Sabeti M.D. Smartest Woman In the world

When Ebola broke out in March 2014, Pardis Sabeti and her team got to work sequencing the virus's genome, learning how it mutated and spread. Sabeti immediately released her research online, so virus trackers and scientists from around the world could join in the urgent fight. In this talk, she shows how open cooperation was key to halting the virus ... and to attacking the next one to come along. "We had to work openly, we had to share and we had to work together," Sabeti says. "Let us not let the world be defined by the destruction wrought by one virus, but illuminated by billions of hearts and minds working in unity."

<https://youtu.be/G8RxjxdUuIE>

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- LifePak
- MarineOmega
- ReishiMax



Complementary products:

- Probio
- Cortitrol
- NightTime Formula
- G3
- Jungamals



16



Dr. Pardis Sabeti is Iranian-American and Smartest Woman Alive. In addition to being named one of TIME Magazine's Persons of the Year in 2014 (Ebola Fighters), Sabeti was listed as one of TIME magazine's 100 most influential people in 2015.

Dr. Pardis Sabeti is a Professor at the Center for Systems Biology and Department of Organismic and Evolutionary Biology at Harvard University and the Department of Immunology and Infectious Disease at the Harvard School of Public Health. She is an Institute Member of the Broad Institute of Harvard and MIT, and a Howard Hughes Investigator.

Dr. Pardis Sabeti is the Iranian-American and Smartest Woman Alive. In addition to being named one of TIME Magazine's Persons of the Year in 2014 (Ebola Fighters), Sabeti was listed as one of TIME magazine's 100 most influential people in 2015.

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17



Coronavirus: How the deadly epidemic sparked a global emergency | Four Corners

11,904,271 views
 •Feb 24, 2020
 72K6.7KSHARESAVE

ABC
NEWS

[ABC News In-depth](#)

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It's likened to a scene from an apocalypse. Wuhan — a city more populous than London or New York — placed in 'lockdown' following the outbreak of the new and deadly coronavirus. In China, more than two thousand people have died, with tens of thousands more infected, and authorities are resorting to extreme measures to try to halt the contagion. In interviews filmed on smartphones, Chinese activists and Australians trapped in the lockdown explain what they are going through. Four Corners charts how the outbreak occurred and investigates whether a cover-up by Chinese authorities allowed the virus to spread. <https://youtu.be/ycrqXJYf1SU>



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18



Dr. Oz explains why more men are dying from coronavirus than women

•Mar 20, 2020
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[Fox Business](#)

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Dr. Mehmet Oz, host of 'The Dr. Oz Show', says more men are dying from coronavirus than women in China because they have more preexisting health conditions and tend to smoke more.

https://youtu.be/ATV63_zHp04

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- NightTime Formula
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19



Philanthropist and Microsoft cofounder Bill Gates offers insights into the COVID-19 pandemic, discussing why testing and self-isolation are

essential, which medical advancements show promise and what it will take for the world to endure this crisis. (This virtual conversation is part of the TED Connects series, hosted by head of TED Chris Anderson and current affairs curator Whitney Pennington Rodgers. Recorded March 24, 2020) <https://lnkd.in/gQu-FNQ> [hashtag#immune](#) [hashtag#viruses](#) [hashtag#vaccine](#) [hashtag#pandemic](#) [hashtag#health](#) [hashtag#cold](#)

20



Harvey Fineberg, MD, PhD: How to Crush the COVID-19 Curve in 10 Weeks

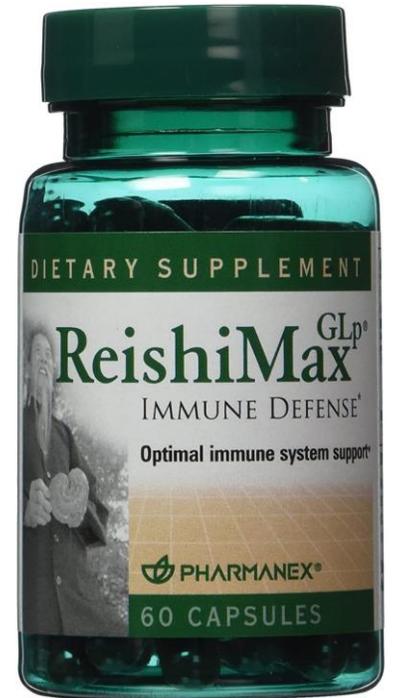
<https://youtu.be/xukhtltHUR8>

379 views
 •Apr 6, 2020
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Harvey Fineberg, MD, PhD, chair of the National Academies Standing Committee on Emerging Infectious Diseases and 21st Century Disease Threats, and president of the Gordon and Betty Moore Foundation, joins Contagion Editorial Director Allie Ward to discuss his recent editorial in the New England Journal of Medicine on a framework for crushing the COVID-19 curve in 10 weeks.



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21



Bill Gates and Harvard Smartest Woman in the world Dr. Pardis Sabati Warned in 2014 and 2015 and ignored however I am not surprised that unfortunately **Bill Gates** correct warning ignored by all free world governments because great majority of Free World democratic Governments and Enterprises are designed as Reactive or Authoritarian governments were established based on Lies, Greed, Stupidity, Fear, Terror, without Free Press and no respect for Human Rights Why Free Press & TV (CNN, MSNBC & Fox News , Disney ...) in the world ignored **Bill Gates** Warning in 2015? [hashtag#veganism](#)

In 2014, the world avoided a horrific global outbreak of Ebola, thanks to thousands of selfless health workers -- plus, frankly, thanks to some very good luck. In hindsight, we know what we should have done better. So, now's the time, Bill Gates suggests, to put all our good ideas into practice, from scenario planning to vaccine research to health worker training. As he says, "There's no need to panic ... but we need to get going." https://youtu.be/6Af6b_wyiwl

If you Cannot change your lifestyle to healthy plant-based foods and you wish to reduce your risk of COVID-19 by boosting your immune system then review list of Pharmanex products with your physician:

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- Probio
- Cortitrol
- NightTime Formula
- G3
- Jungamals



22

Are Natural Killer Cells The Solution To Coronavirus?



Are Natural Killer Cells The Solution To The Coronavirus?

[Dr. Ross Carter](#)

Are Natural Killer Cells The Solution To The Coronavirus? Our innate immune system is the first line of defense against antigens and viruses. When a cell becomes infected with a virus, it turns on a signal to alert the immune system that it is sick. Special cells called Natural Killer Cells, or NK cells, see the alert and immediately go into action to kill the infected cell controlling the infection. However, as we age, our NK cells become less potent lowering our immunity. New research shows that coronavirus has the ability to quickly overwhelm the weakened NK cells leading to exhaustion of the immune system which can eventually lead to Acute Respiratory Distress and even death. There is a new investigation looking at a way to enhance the weakened immune system by sending in reinforcements. Celularity, a New Jersey-based company is using stem cells from placental tissue to derive and isolate their NK Cells. These NK Cells can supercharge our immune system, giving us super immunity and allowing our body to defeat the virus. What's amazing is that these NK cells have been proven safe, work almost immediately, and do not get rejected. Placental NK cells could be the solution we all have been waiting for?

SUGGESTED VIDEO ===== How The Coronavirus Kills - <https://youtu.be/MtGnQcCGcCQ> How Are Stem Cells Helping Coronavirus Victims - https://youtu.be/gUXRo2o_ics A Solution To The Coronavirus? - <https://youtu.be/pBN7Aoa0Gew> How Are Stem Cells Helping Coronavirus Victims - <https://youtu.be/ZeK2mqB12LU> #covid_19 #coronavirus #coronavirus_pandemic

23

COVID-19 FOOD SAFETY TIPS

with Dr. Jeffrey VanWingen



Watch the follow-up video for updates and disclaimer

**ARABIC, ENGLISH, FRENCH, GERMAN,
HINDI, ITALIAN, JAPANESE, PORTUGUESE,
SPANISH, TURKISH**

[PSA Safe Grocery Shopping](https://youtu.be/sjDuwc9KBps)

<https://youtu.be/sjDuwc9KBps> **in COVID-19**

Pandemic UPDATED!!! This is the most current video for
New CDC data, safe takeout

**The #OpenWHO course Emerging
respiratory viruses, including COVID-19:
methods for detection, prevention,
response and control** Source Video:

<https://openwho.org/courses/introduction-to-ncov>

24



25

Speeding up the development of treatments for COVID-19 is a logistical impossibility. Let us give it 19 months at a minimum. Until then we have to fight the storm as it is. Why is it taking so long to develop a coronavirus vaccine?

<https://www.youtube.com/watch?v=P3qrokf9038> **#vaccines**

#viruses #publichealth #immune #prevention #flu #sars

We have an inescapable lag Why will a coronavirus vaccine take 18 months to develop? NK route might be faster but that too will take time

#nukecovid19 <https://www.youtube.com/watch?v=Hqu6SfeBkKw>

#vaccines #viruses #publichealth #immune #prevention #flu #sars

26

Perspective: COVID-19 and emerging infections in the 21st Century by Prof. Harvey V. Fineberg M.D., PH.D.

Emerging infections are a recurring phenomenon. SARS-CoV-2 virus is just the latest example. Most of these emerging infections are zoonotic, meaning they crossed from animals to humans. HIV, a blood-borne and sexually transmitted infection, crossed from primates into humans. SARS, the original, crossed from bats probably via civets, a cat-like creature. MERS, which still causes sporadic cases, is transmitted from camels to humans. Ebola probably originated in bats or non-human primates, and it can be passed from one animal species to another. Influenza (whose likely original hosts are water birds and other avian species) has an impressive range of host species, including avian, porcine, and human, among others. The fragmented structure of the influenza RNA makes it especially facile at sorting and re-combining its genome into new varieties.

The danger to humans (or any other species) of an emerging virus rests, among other things, in three properties:

1. **Infectivity, or, what dose of viral particles are needed to cause infection.**
2. **Transmissibility, or how readily transmitted is the virus from one individual to another.**
3. **Severity, or what is the spectrum of illness, from asymptomatic to lethal that the virus causes.**



Brilliant Mind Prof Harvey V. Fineberg

Harvey Vernon Fineberg (born September 15, 1945) is an American physician. A noted researcher in the fields of health policy and medical decision making, his past research has focused on the process of policy development and implementation, assessment of medical technology, evaluation and use of vaccines, and dissemination of medical innovations. Fineberg has held several prominent positions over the course of his career, including Dean of the Harvard School of Public Health, Provost of Harvard University, and President of the Institute of Medicine (now National Academy of Medicine). #medicine #research #immune #researcher

27

Can You Get Coronavirus Twice?
How Long Are You Immune After COVID-19?

Reports of patients testing positive for the coronavirus for a second time have come out of China, Japan and South Korea.

28**What About Antioxidants?****They Protect Your Cells**

Prof. Lester Packer "Antioxidants are the body's primary defense against this destructive force." "Carotenoids as a first line of defense and their protective effect on Vitamins C and E." Antioxidants are compounds in colorful fruits and vegetables that protect against free radicals. Free radicals can damage DNA and other cell components. Fruits and vegetables in a wide array of colors provide the best mix of protective antioxidants to boost overall health and immunity. Eat leafy greens, watermelon, carrots, berries, broccoli, oranges, kiwi, cantaloupe, and other brightly colored produce to give your cells and immune system all the natural protection they need to function at their best.

29**Immune Boosters**

It's important to do all you can to avoid getting sick. Immune boosters can improve your body's natural defenses.

30**Do antioxidants help your immune system?**

12 Antioxidant-Rich Foods to Boost Your Immune System. Inflammation is an important immune system function. But, when out of control, it can cause serious damage. ... Antioxidants found in foods protect your cells from the effects of free radicals and can help reduce an overabundance of inflammation in your body.

Why the Mother Earth is Truly Virus Planet?



Prof. Peter Piot M.D. PhD Peter Piot, LSHTM Director “How common are viruses?”

Viruses are everywhere. It’s amazing to realize that if you add them all up, all the viruses in the world weigh more than all the living matter in the world – including all of the plants, animals and bacteria. 10% of the human genome is derived from virus DNA. **The Earth truly is a “virus planet!”** <https://www.lshtm.ac.uk/newsevents/expert-opinion/100-questions-peter-piot-lshtm-director?linkId=85296309>

“Most viruses are blocked by our immune system or because we don’t have the right receptors for the virus to enter the cell. Thus, 99% of them are harmless to humans.... Of the millions of types of viruses, only a few hundred are known to harm humans. New viruses emerge all the time. Most are harmless.”

Profile Of Prof. Peter Piot M.D. PhD in Microbiology (born 17 February 1949) is a Belgian microbiologist known for his research into Ebola and AIDS. After helping discover the Ebola virus in 1976 and leading efforts to contain the first-ever recorded Ebola epidemic that same year, Piot became a pioneering researcher into AIDS. He has held key positions in the United Nations and World Health Organization involving AIDS research and management. He has also served as a professor at several universities worldwide.[1] He is the author of 16 books and over 550 scientific articles.

[Latest COVID-19 research, news, events and podcasts](#)

[Free online course: COVID-19: Tackling the Novel Coronavirus](#)

Why Novel Coronavirus Mortality is Much Higher Among Men?

[Coronavirus](#) mortality rate is twice as high among men in [Italy](#) as it is among women, marking a "concerning trend," "Mortality in males seems to be [twice higher than] every age group of females," Dr. Deborah Birx,

[MORE: Coronavirus map: Tracking the spread in the US and around the world](#) According to [Italy's public health](#) research agency, 60% of coronavirus cases and 70% of deaths in the country so far have been in men.

My Hypothesis regarding why Coronavirus COVID-19 Men Mortality 70% higher than women is correlating to healthier Lifestyle among women than men as the main factor.

In our noninvasive Shortsearch research for Antioxidants Measurement we have noticed due to lifestyle, great majority of people in US are far below safe level of Antioxidants and women score much better than men.

As part of ShortSearch research in US Advocating Constructive Healthy Plant Based Lifestyle change with no Harm to Mother Earth species, we have noticed that women are 70% more receptive to Self-Constructive Lifestyle Change than men.

In US 78% of Healthy Plant-Based Vegan are women.

Women make up 75% of the members of animal rights groups.

My Hypothesis is if our Antioxidants above 60,000 which correlates with high Immune System and NK Cells most probably prevent against Coronavirus ... Until Coronavirus Vaccine might become available in next 18 months recommend to Change Our Lifestyle to Healthy Organic Plant-based diet to enhance our Immune system as most optimal solution or if we find it difficult or might not have access to top quality organic foods our top quality products recommended.

Why Novel Coronavirus Deaths in India, Pakistan, and Bangladesh is extremely Lower than Iran, Italy and China?

Based on monitoring of [Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE](#) from data reported by world governments official, from China, Italy, Iran, India, Pakistan and Bangladesh, we see an interesting pattern that the number of deaths in Iran, China and Italy is extremely high relative to India, Pakistan, and Bangladesh. Even though the total population of China + Iran + Italy = 1527.64 Million people is less than total population of India + Pakistan + Bangladesh = 1700.1 million, the total number of Coronavirus deaths from these three countries is 37 as of 3/28/2020 while Iran, China and Italy deaths is in the 10,000s.

With my focus as Constructive Lifestyle Change and Healthy Plant Based food and Herbs as medicine, I have come to a conclusion that the combination of Indian Herbs (Pakistan & Bangladesh Herbs are similar to Indian herbs) and eating less meat might have prevented the Novel Coronavirus, however we don't know which combination of Indian herbs is most effective and this is food for your thought, and should be researched soon. There is a possibility that certain extraction from herbs might kill The Coronavirus as we know it, however we don't know yet for sure.

Based on below table regarding Countries by Meat Consumption Per Capita

Meat = Fish + **Game** + Insects + Livestock + Meat + Poultry + Seafood

Game = Alligator + Bat + Bear + Crocodile + Guinea Pig + Kangaroo + Monkey + Rat + Hare and Rabbit + Snake + Turtle + Venison + Wolf

Please Pay Attention to Next Table

Countries by meat consumption per capita

Coronavirus Deaths

Country	Population Million	Kg/person (2009) ^[10]	Coronavirus Deaths Official	Coronavirus Deaths Non Gov Source Estimated	Coronavirus Deaths Doctors Nurses
 United States of America	327.2	120.2	19,882	➤ Accurate	
 Iran	81.16	36.3	4,357???	➤ 20,000	Highest Mortality In the World
 Italy	60.48	90.7	19,468	Accurate	
 China	1386	58.2	3,343???	???????	???
 India	1339	4.4	288		
 Pakistan	197	14.7	66		
 Bangladesh	164.7	4	21		
 Australia	24.6	111.5			
 Austria	8.822	102			
 United Kingdom	66.44	84.2	7,993		

Countries by meat consumption per capita

Coronavirus Deaths

Country	Population Million	Kg/person (2009) ^[10]	Coronavirus Deaths Official	Coronavirus Deaths Non Gov Source Estimated	Coronavirus Deaths Doctors Nurses
 Israel	8.712	96			
 South Korea	51.47	54.1			

Since over 80% of Viruses are coming from Meat, consuming less or no meat (and raising or abusing fewer animals in factory farming for food) could ease the problem. (Interestingly, India, which has, by far, the highest percentage of vegetarians in its population, at 38 percent, hasn't had the same Novel Coronavirus spillover events like China, Italy and Iran even though India having wet markets.)

Is Destructive Novel Coronavirus World Wake Up Call for Humanity Lifestyle Constructive Transformation?

The fast spread of Novel Coronavirus has forced governments, businesses, and civil societies to take major difficult actions—canceling events large and small, restricting travel, and shutting down major segments ...

Prof. Peter Piot M.D. PhD in Microbiology (born 17 February 1949) is a Belgian microbiologist known for his research into Ebola and AIDS. After helping discover the Ebola virus in 1976 and leading efforts to contain the first-ever recorded Ebola epidemic that same year, Piot became a pioneering researcher into AIDS. He has held key positions in the United Nations and World Health Organization involving AIDS research and management. He has also served as a professor at several universities worldwide.[1] He is the author of 16 books and over 550 scientific articles. **“How common are viruses?”**

Viruses are everywhere. It’s amazing to realize that if you add them all up, all the viruses in the world weigh more than all the living matter in the world – including all of the plants, animals and bacteria.

10% of the human genome is derived from virus DNA. The Earth truly is a “virus planet!””

"In the 1970s, chemist James Lovelock and microbiologist Lynn Margulis developed the Gaia hypothesis; the theory that all organic and inorganic components on the planet are part of one self-regulating system, working to maintain and perpetuate life on earth."

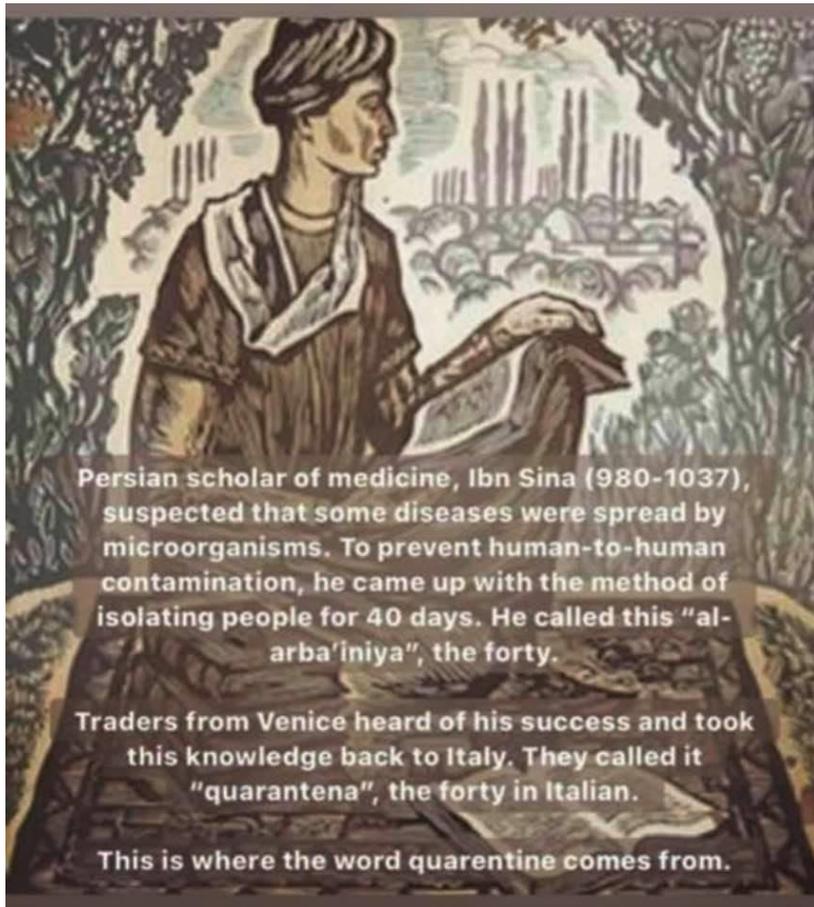
Are Viruses part of Mother Earth defense systems even though 99% of Viruses are harmless to human?

Hopefully in next 12 weeks we might have enough data to answer following questions for Constructive Lifestyle Change decision by Individual:

- How many US Vegan / Vegetarian with healthy lifestyle die without preexisting condition due to Coronavirus?
- How many people from India that they live in US die due to Coronavirus if they are following the diet, herbs and lifestyle that is like India?
- How many US Omnivore with healthy lifestyle without preexisting condition die due to Coronavirus?
- Due to Coronavirus experience what percentage of the people are willing to Change Self Destructive Lifestyle?

- WHO & UN must investigate about Iran and find out why Coronavirus killed so many Iranian Nurses and Physicians?

Idea Exchange How to Reduce or Prevent Coronavirus by Simple Anti-Oxidant & Immune Enhancer Foods While Under Social Distancing Pause



Brilliant Mind Tehran University and John Hopkins trained physician Prof. Ari Babaknia M.D.

Brilliant Mind Dr. [Ari Babaknia](#)

March 13 at 8:15 AM ·

A delicious concoction for boosting immune system. Sliced of lemons and oranges, honey, ginger and turmeric, boiling it in water and enjoy it as, desert, tea, cold instead of drinks, or on top of cereal and... It's super yummy and real healthy Please stay at home as much as possible, limit social gatherings and wash your hands frequently. This will pass too

این نیز بگذرد





Dr. [Ari Babaknia](#)

.
My today's dose of Anti-Oxidant & Immune Enhancer
1 Orange, 1 tangerine, 1 lemon, cut in pieces, 1 spoonful of honey, little bit of ginger and turmeric, boiling for few minutes with a cup of water...
It's really delicious ... enjoy

I have modified this excellent recipe by my friend Dr. Ari Babaknia for my Fellow Vegan Community with fastest growth rate in the world:

Delicious Vegan Concoction for Boosting Immune System: Sliced of Organic Lemons and Oranges, Ginger, Turmeric, if You are Healthy Vegan Use Organic Coconut Palm Sugar with The Lower Glycemic Index (GI) (35) meaning it doesn't spike your blood glucose and insulin like table sugar or honey does. Boiling the mix in water and enjoy it as, desert, tea, cold instead of drinks, or Healthy High Antioxidant Smoothies... It's super tasty and real healthy. The non-Vegan White sugar has GI of (60 to 65) and most commercially blended honeys have a moderate Glycemic Index or GI of between 45 and 64 which is lower than sugar.



This is how Brilliant Prof. Ari Babaknia M.D. prepare his meal and eat



Orange lentil rice

A delicious immune enhancing complete meal.

Sitting at home, putting my physician/artist hat on giving me great ideas to enjoy a healthier life style in these trying days.

Let's love more, enjoy rare situation of being with our loved ones... we will come triumphant out of this.

Recipe: prepare your rice as you always do, add half cooked lentil and sliced orange, mix them and cook them together.



Prof. Ari Babaknia M.D. Desserts



Prof. Ari Babaknia M.D. Soup

Molecular Virologists Subject Expert: Coronavirus Prevention Advice **What I am doing to minimize Corona Virus infection from Dr. James Robb?**

Dear Colleagues, as some of you may recall, when I was a professor of pathology at the University of California San Diego, I was one of the first molecular virologists in the world to work on coronaviruses (the 1970s). I was the first to demonstrate the number of genes the virus contained. Since then, I have kept up with the coronavirus field and its multiple clinical transfers into the human population (e.g., SARS, MERS), from different animal sources.

The current projections for its expansion in the US are only probable, due to continued insufficient worldwide data, but it is most likely to be widespread in the US by mid to late March and April.

Here is what I have done and the precautions that I take and will take. These are the same precautions I currently use during our influenza seasons, except for the mask and gloves.:

- 1) NO HANDSHAKING! Use a fist bump, slight bow, elbow bump, etc.
- 2) Use ONLY your knuckle to touch light switches, elevator buttons, etc.. Lift the gasoline dispenser with a paper towel or use a disposable glove.
- 3) Open doors with your closed fist or hip – do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.
- 4) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts.
- 5) Wash your hands with soap for 10-20 seconds and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity that involves locations where other people have been.
- 6) Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.
- 7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you have to. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!

What I have stocked in preparation for the pandemic spread to the US:

- 1) Latex or nitrile latex disposable gloves for use when going shopping, using the gasoline pump, and all other outside activity when you come in contact with contaminated areas.

Note: This virus is spread in large droplets by coughing and sneezing. This means that the air will not infect you! BUT all the surfaces where these droplets land are infectious for about a week on average – everything that is associated with infected people will be contaminated and potentially infectious. The virus is on surfaces and you will not be infected unless your unprotected face is directly coughed or sneezed upon. This virus only has cell receptors for lung cells (it only infects your lungs) The only way for the virus to infect you is through your nose or mouth via your hands or an infected cough or sneeze onto or into your nose or mouth.

- 2) Stock up now with disposable surgical masks and use them to prevent you from touching your nose and/or mouth (We touch our nose/mouth 90X/day without knowing it!). This is the only way this virus

can infect you – it is lung-specific. The mask will not prevent the virus in a direct sneeze from getting into your nose or mouth – it is only to keep you from touching your nose or mouth.

3) Stock up now with hand sanitizers and latex/nitrile gloves (get the appropriate sizes for your family). The hand sanitizers must be alcohol-based and greater than 60% alcohol to be effective.

4) Stock up now with zinc lozenges. These lozenges have been proven to be effective in blocking coronavirus (and most other viruses) from multiplying in your throat and nasopharynx. Use as directed several times each day when you begin to feel ANY “cold-like” symptoms beginning. It is best to lie down and let the lozenge dissolve in the back of your throat and nasopharynx. Cold-Eeze lozenges is one brand available, but there are other brands available.

I, as many others do, hope that this pandemic will be reasonably contained, BUT I personally do not think it will be. Humans have never seen this snake-associated virus before and have no internal defense against it. Tremendous worldwide efforts are being made to understand the molecular and clinical virology of this virus. Unbelievable molecular knowledge about the genomics, structure, and virulence of this virus has already been achieved. BUT, there will be NO drugs or vaccines available this year to protect us or limit the infection within us. Only symptomatic support is available.

I hope these personal thoughts will be helpful during this potentially catastrophic pandemic. You are welcome to share this email. Good luck to all of us! Jim

James Robb, MD FCAP



Bats are trapped in nets to be examined for possible viral load at the Franceville International Centre of Medical Research in Gabon. Photograph: Steeve Jordan/AFP via Getty Images

Environment

'Tip of the iceberg': is our destruction of nature responsible for Covid-19?

As habitat and biodiversity loss increase globally, the coronavirus outbreak may be just the beginning of mass pandemics

Amplification effect

In 2008, Jones and a team of researchers identified 335 diseases that emerged between 1960 and 2004, at least 60% of which came from animals.

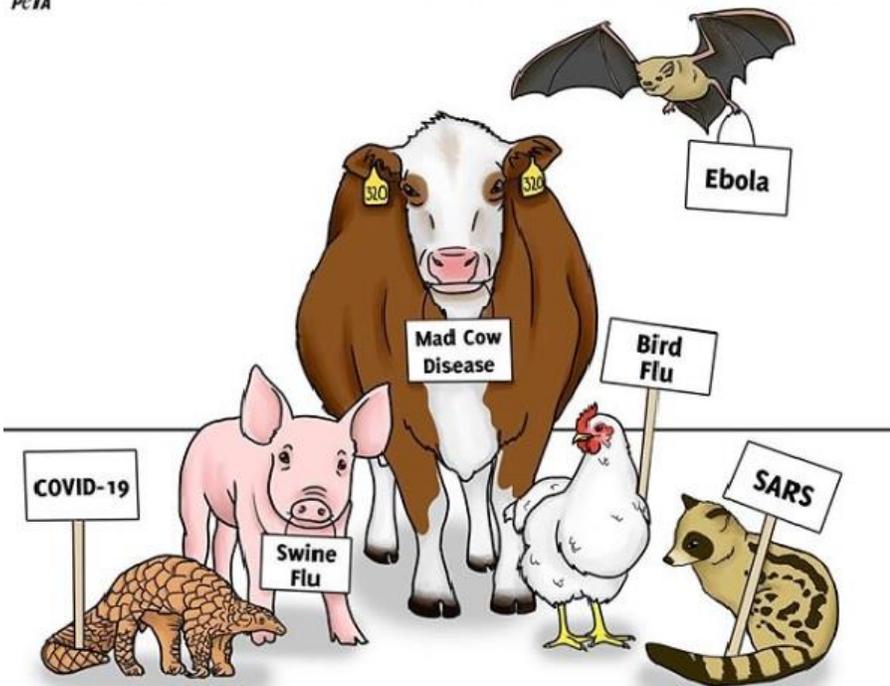
Tip of the iceberg

“Pathogens do not respect species boundaries,” says disease ecologist Thomas Gillespie, an associate professor in Emory University’s department of environmental sciences, who studies how shrinking natural habitats and changing behaviour add to the risk of diseases spilling over from animals to humans.

“I am not at all surprised about the coronavirus outbreak,” he says. “The majority of pathogens are still to be discovered. We are at the very tip of the iceberg.”

ENOUGH IS ENOUGH

PETA



LEAVE US ALONE

Help Close Live-Animal Markets During COVID-19 Outbreak!

Live-animal markets—or “wet markets”—are blood-soaked slaughterhouses where members of the public can choose animals to purchase, such as chickens and rabbits, who are then slaughtered while the customer waits. The COVID-19 pandemic gripping the world—caused by the novel coronavirus—is believed to have started in one such market in China.

The coronavirus crisis has many officials calling for foreign wet markets to be shut down. Dr. Anthony Fauci—director of the National Institute of Allergy and Infectious Diseases—is joining in, echoing the sentiment that a crackdown is a must:

Not Just China, New York Too Has Over 80 ‘Wet Markets’ That Sell & Slaughter Live Animals

New York City too has over 80 wet markets that sell ten animal species, including goats, sheep, chickens, guinea hens, rabbits, pigeons, Muscovy ducks, and quail.

“It boggles my mind how when we have so many diseases that emanate out of that unusual human-animal interface, that we don’t just shut it down. I don’t know what else has to happen to get us to appreciate that,” Dr. Fauci said.



Here, animals are slaughtered, cut up and sold on the spot. The “wet market” (one that sells fresh produce and meat) in Wuhan, thought by the Chinese government to be the starting point of the current Covid-19 pandemic, was known to sell **numerous wild animals**, including live wolf pups, salamanders, crocodiles, scorpions, rats, squirrels, foxes, civets and turtles.



A bushmeat stall with pangolins, bush rats and tiger cats for sale on the roadside outside Bata in Equatorial Guinea. Photograph: Carl de Souza/AFP/Getty Images



A dead monkey sold as bushmeat hangs outside a villager's house in north-east Gabon. Photograph: Christine Nesbitt/AP



The disruption of pristine forests driven by logging, mining, road building, rapid urbanisation and population growth is bringing people into closer contact with wildlife, increasing the risk of disease.
 Photograph: Samir Tounsi/AFP/Getty Images

Incomplete Draft 4/8/2020 Open Source Document for your possible modification and sharing with your own Family and Friends Education and Exchange of Ideas in the period of Novel Coronavirus under video clip Business Management Distributed Decentralized Leadership Model BDDL M Response to Stephen Hawking
<https://www.youtube.com/watch?v=HTtjKo-Agjk>

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Ref [2] Dr. Neal Barnard, MD | Immune-Boosting Foods Coronavirus for Today and Tomorrow

Ref [3] NYPOST Don't buy China's Story: The Coronavirus may have leaked from a China Wuahn lab By Steven W. Mosher February 22, 2020 |

Source: <https://nypost.com/2020/02/22/dont-buy-chinas-story-the-coronavirus-may-have-leaked-from-a-lab/>

Ref [4] 7 VEGAN NUTRITION TIPS TO HELP YOU FIGHT THE CORONAVIRUSAs the novel coronavirus continues to spread around the world, these vegan nutrition tips could help you boost your immune system. <https://www.livekindly.co/vegan-nutrition-tips-coronavirus/>

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Ref [6] Neal Barnard, MD | Where Many Viruses Originate? What is Novel Coronavirus?
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Ref [7] Coronavirus or antibiotic resistance: Our appetite for animals (wild and domestic) poses big disease risks By Laura H. Kahn, February 14, 2020 <https://thebulletin.org/2020/02/think-chinas-wet-markets-for-wildlife-spread-diseases-industrial-meat-production-is-worse/>

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Ref [10] World Health Organization

International Affairs Geneva 27, GE We are the United Nations' health agency. We are committed to achieve better health for everyone, everywhere. <https://www.linkedin.com/company/world-health-organization/>

the #OpenWHO course Emerging respiratory viruses, including COVID-19: methods for detection, prevention, response and control
<https://openwho.org/courses/introduction-to-ncov>

Ref [11] 100 Questions of Peter Piot, LSHTM Director How common are viruses?

Prof. Peter Piot M.D. PhD in Microbiology (born 17 February 1949) is a Belgian microbiologist known for his research into Ebola and AIDS. After helping discover the Ebola virus in 1976 and leading efforts to contain the first-ever recorded Ebola epidemic that same year, Piot became a pioneering researcher into AIDS. He has held key positions in the United Nations and World Health Organization involving AIDS research and management. He has also served as a professor at several universities worldwide.[1] He is the author of 16 books and over 550 scientific articles. **“How common are viruses?”**

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<https://www.lshtm.ac.uk/newsevents/expert-opinion/100-questions-peter-piot-lshtm-director?linkId=85296309>

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Ref [13] We can destroy members of the Corona Virus using Natural Killer (NK) Cells of the body that vanquish them from body. <https://sites.google.com/view/sleepsmartsmashstress/home/movements/nukecv19>

Ref [14] [Coronavirus](#) mortality rate is twice as high among men in [Italy](#) as it is among women, marking a "concerning trend," Dr. Deborah Birx, "Mortality in males seems to be [twice higher than] every age group of females," Birx said,

[MORE: Coronavirus map: Tracking the spread in the US and around the world](#) According to [Italy's public health](#) research agency, 60% of coronavirus cases and 70% of deaths in the country so far have been in men.

Ref [15] [Our complicated relationship with viruses](#) As 7.8 billion people on this planet radically alter ecosystems and raise, capture and trade animals at an unprecedented scale, "the road from animal microbe to human pathogen" has turned into a "highway,"

Ref [16] **COVID-19 shows that what we're doing to animals is killing us, too**
<https://www.sciencedaily.com/releases/2016/11/161128151050.htm>

Ref [17] **Perspective: COVID-19 and emerging infections in the 21st Century** by Prof. Harvey V. Fineberg M.D., PH.D.

Ref [18] [Immediate Treatment for Early Stage #coronavirus #covid19 SARS-CoV-2 Infections Recommended](#) Authored by Dr Ben Kaplan Singer, MD; Dr Daniel Stickler, MD; Dr Avery J. Knapp Jr., MD; with many contributing doctors.

Father Of Antioxidant

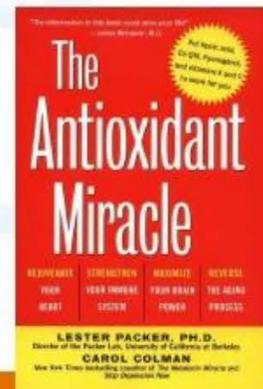
-Dr. Lester Packer, Ph.D.



“More than 70% of [people] will die prematurely from diseases caused by or compounded by deficiencies of the antioxidant network.”

“Scientists now believe that free radicals are causal factors in nearly every known disease, from heart disease, arthritis, cancer, cataracts, and even diabetes.

In fact, free radicals are a major culprit in the aging process itself.”



Prevention through Nutrition: “The amount of antioxidants that you maintain in your body is directly proportional to how long you will live.” Dr. Richard Cutler MD Director of Anti-Aging research at the National Institute of Health (NIH)

How/Why/What/When Should You Change Your Lifestyle For Self-Care?

Download Pharmanex Shortsearch Product Catalog

Wellness Foundation Recommendations:

Top priorities:

- LifePak
- MarineOmega
- ReishiMax



Complementary products:

- Probio
- Cortitrol
- NightTime Formula
- G3
- Jungamals





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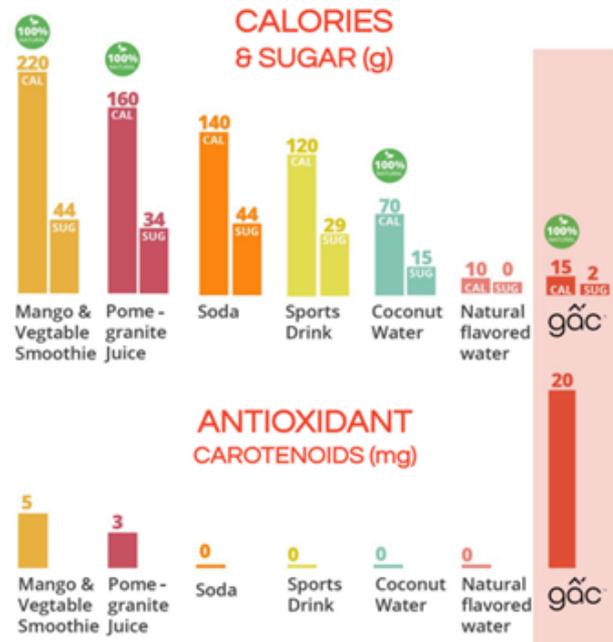
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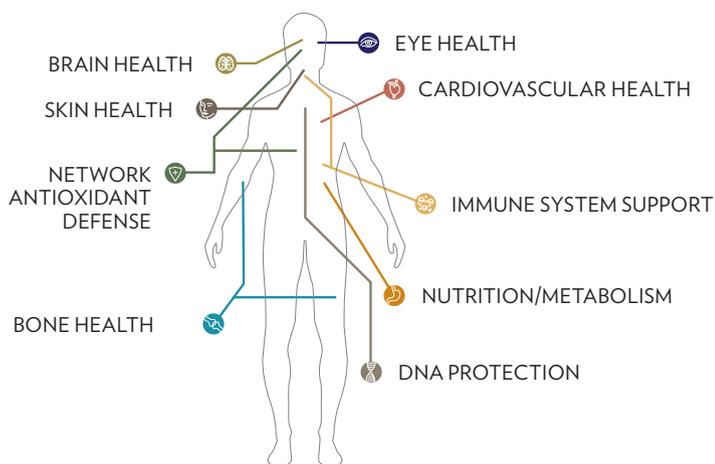
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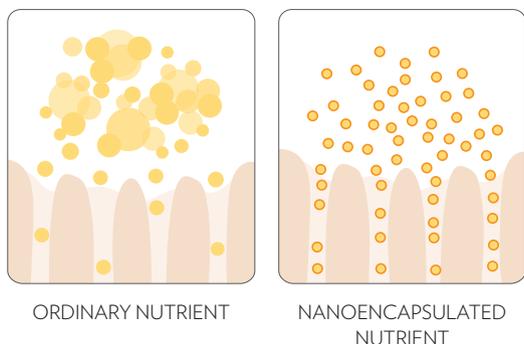
When taken regularly, LifePak Nano provides key nutritional benefits that are substantiated by science and proven to effectively provide the body with important antioxidants as measured by the Pharmanex® BioPhotonic Scanner.

LIFEPAK NANO PROVIDES NUTRITIONAL SUPPORT FOR ALL BODY SYSTEMS AND ORGANS



HARD-TO-ABSORB NUTRIENTS ARE NOW MORE READILY AVAILABLE TO YOUR BODY

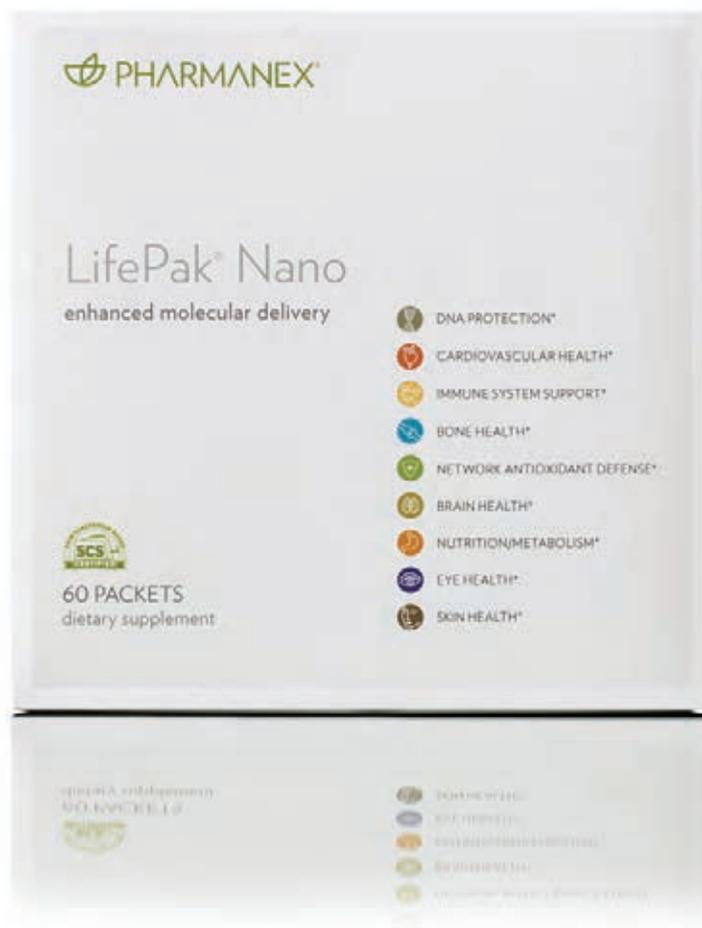
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ReishiMax GLp contains active ingredients to enhance immune system activity.*

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Cortitrol promotes healthy cortisol hormone balance and supports your ability to respond to stressful situations more calmly.*

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Bone Formula's innovative, specially designed nutritional blend assists bone formation, improves calcium absorption, and helps inhibit bone mineral loss.*

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TĒgreen 97 includes catechins found naturally in green tea which are shown to support healthy cell function and structure by neutralizing harmful free radicals.*

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[120 CAPSULES](#) [ITEM 01003529](#)



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FlexCrème is a unique, proprietary topical crème that comforts tension and soothes the body for healthy mobility.*

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NUTRIFI®

Nutrifi promotes proper bowel function and regularity for the relief of occasional constipation with a proprietary blend of several soluble and insoluble fibers.*

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DETOX FORMULA

Detox Formula is a proprietary blend of nutrients that helps support the normal detoxifying function of the liver.*

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Pharmanex® ProBio PCC contains 2 billion live organisms of the potent probiotic bacteria culture of Lactobacillus fermentum PCC.*

30 CAPSULES, 30-DAY SUPPLY **ITEM 01003520**

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Cartilage Formula is formulated with a new and innovative vegetable source glucosamine to provide structural support to joints and cartilage.*

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DIGESTIVE FORMULA

Digestive Formula contains the benefits of a unique blend of natural ginger root and artichoke leaf extracts along with a proprietary enzyme blend.*

60 CAPSULES, 30-DAY SUPPLY **ITEM 01003504**



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NANOCOQ10®

NanoCoQ10 utilizes cutting-edge nanotechnology to deliver highly bioavailable coenzyme Q10 for potent cardiovascular and cognitive benefits.*

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CHOLESTIN®

Cholestin is a proprietary ingredient formula to target multiple steps in the pathway of cholesterol and lipoprotein synthesis.*

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Ai/E10® ULTRA**

Ai/E10 Ultra contains an exclusive combination of bovine colostrum ingredients Colostrum MFT® and Ai/E10 to boost primary immune function and support immune cell communication.*

[120 CAPSULES, 30-DAY SUPPLY ITEM 01003708](#)

Ai/E10®***

Ai/E10 supports healthy immune cell communication by providing a concentrate of immune system messengers.*

[30 CAPSULES, 30-DAY SUPPLY ITEM 01003721](#)

VITOX®

Vitox provides important antioxidant vitamins, minerals, and essential nutrients necessary for health and well-being.*

[120 CAPSULES, 30-DAY SUPPLY ITEM 01003109](#)

VENIX®

Venix contains a unique blend of ingredients to naturally promote normal sexual function, boost circulation, and enhance your intimate moments.*

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IMMUNE FORMULA

Immune Formula contains a proprietary blend of ingredients to support the body's natural immune function, especially during the more susceptible cold and wet seasons.*

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ESTERA® PHASE I

Estera Phase I Balance Formula is designed for women in their childbearing years to help promote a healthy ratio of estrogen metabolites and provide relief from common PMS symptoms.*

[60 SOFTGELS, 30-DAY SUPPLY](#) [ITEM](#) [01003640](#)

ESTERA® PHASE II

Estera Phase II Transition Formula is designed for women during perimenopausal years. Transition Formula ingredients work with the liver to promote a healthy ratio of estrogen metabolites and to help relieve menopause symptoms.*

[30 CAPSULES, 30-DAY SUPPLY](#) [ITEM](#) [01003637](#)

ESTERA® PHASE III

Estera Phase III Maintenance Formula is for women in their postmenopausal years. Maintenance Formula is designed to help promote a healthy ratio of estrogen metabolites and support cardiovascular health, bones, cognitive function, and a normal lipid profile.*

[60 CAPSULES, 30-DAY SUPPLY](#) [ITEM](#) [01003638](#)

ESTERA® CRANBERRY

Estera® Cranberry is a nutritional supplement that provides clinically effective doses of pure cranberry fruit powder to support urinary tract health.*

[60 CAPSULES, 1-4 WEEK SUPPLY](#) [ITEM](#) [01003286](#)



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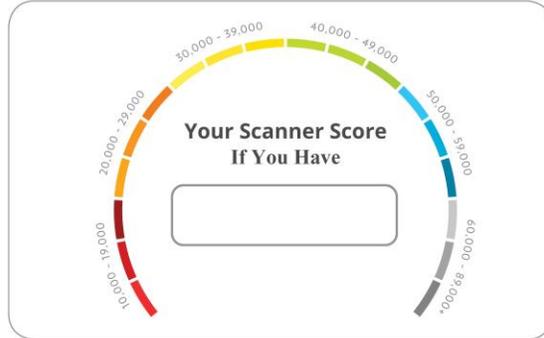
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01003680	LifePak	\$82.00	\$65.00	
01010273	LifePak + Youth	\$204.75	\$171.00	
01010475	LifePak + Youth + Vitality	\$326.00	\$219.50	
Additional ADR Packages				
01001236	LifePak + R2	\$209.50	\$185.25	
01103930	LifePak & Vitality	\$147.00	\$123.75	
01010072	ageLOC TR90 Vanilla ADR	\$491.50	\$413.50	
01010073	ageLOC TR90 Greenshake ADR	\$491.50	\$413.50	
01010075	ageLOC TR90 Chocolate ADR	\$491.50	\$413.50	
01003763	ageLoc Youth	\$171.00	\$139.75	
Additional Products				
01003747	Eye Formula	\$43.75	\$36.75	
01010002	Eye Formula 2 pack	\$86.25	\$72.50	
01010115	Eye Formula + Optimum Omega	\$53.25	\$44.75	
01003536	Eye Formula + Marine Omega	\$94.50	\$79.50	
01003103	Marine Omega	\$60.00	\$50.50	
01003648	Optimum Omega	\$19.25	\$16.25	
01003610	LifePak Nano	\$179.00	\$145.00	
01003417	LifePak Prenatal	\$66.00	\$55.75	
01003421	Reishimax	\$96.00	\$80.75	
01003705	Jungamals	\$28.75	\$24.25	
01003901	ageLOC R2	\$146.00	\$122.75	
01003736	ageLOC Vitality	\$73.00	\$61.50	
01003109	Vitox	\$46.50	\$39.00	
01003331	Bone Formula	\$41.00	\$34.75	
01003231	Cartilage Formula	\$60.75	\$51.00	
01003518	Cortitrol	\$50.00	\$37.00	
01003196	G3 (2-pack)	\$94.00	\$78.75	
01003662	NanoCoQ10	\$56.00	\$47.00	
01003520	ProBio PCC	\$38.00	\$32.00	
01003492	Prostate Formula	\$36.75	\$31.00	
01003930	E2 Kiwi Watermelon/ Raspberry	\$40.00	\$33.50	
01003698	g3 Single Serve Pouch 15 pack	\$64.00	\$54.40	
TOTAL				

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